



Touch Care at Mortain Place

Helping loved ones to connect in a safe space

**Every first Friday of the Month
From 10:30am until 12 Noon**

Join us at Mortain Place, Sovereign Harbour, Eastbourne for our friendship support Cafe to assist you with your queries with Care. Rob Hobbs our resident Care Specialist, will be on hand to assist you and empower you to make good choices. please rsvp
rob.hobbs@barchester.com

Typical topics : Older people living with physical health decline, maintaining ones independence and remaining active, falls and injuries, sensory loss, memory issues, loneliness and maybe later life financial planning or power of attorney doubts.
Mortain Place Care Home.

Mortain Place Care Home

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Residential Care • Dementia Care • Respite Breaks

