



Life Enrichment
at BARCHESTER

Monthly Activities at
Cookridge Court Care Home

Join us for our events throughout July

Ukulele Henry

Wednesday 1st July - 2pm

Come along and enjoy an afternoon of live music! Everyone is welcome to join the fun and good company.

Exercise session with Zac Pepper

Monday 6th July - 3.30pm

Everyone is welcome to come along and join us for our chair based exercise class held by Zac.

Arts & Crafts with Tracy

Wednesday 8th July - 2pm

Pens and paints at the ready...come along and get creative along with an afternoon of fun. Everyone is welcome.

Live music from Richard & Honey

Friday 17th July - 11am

Everyone is invited to come along and enjoy the live acoustic music from the very talented Richard.

National Ice Cream Day

Sunday 19th July

Come along as we talk all things Ice cream, from looking at the history of ice cream, to how it is made and to taste testing. Everyone is welcome.

Veterans Café

Monday 27th July - 2-3.30pm

Everyone is welcome to come along and join our friendly Veterans Café, enjoy a cup of tea and a slice of home made cake, reminiscing over fond memories.

Our Events are free of charge, but please book your place by calling 0113 2672377

Cookridge Court Care Home, Iveson Rise, Cookridge, Lawnswood, LS16 6NB
0113 267 2377 • www.barchester.com/cookridgecourt

