



Join us for our events throughout August

Yorkshire Day

Saturday 1st August – 2:30pm

Join us for a Yorkshire filled Tea Party for a good ole Yorkshire brew and some grub

Seated Energy

Every Friday 11am

Get moving with some gentle exercise lead by our Physiotherapist Joe Hardisty.

Petting Zoo

Wednesday 5th August 3:30pm

Wild Science will be bringing a Petting Zoo to our home to give everyone the opportunity to say hello to some furry or scaley friends

Church Service

Tuesday 11th August – 11am

Join us in prayer and hymn for a lovely Church of England Church service

National Prosecco Day

Thursday 13th August – 6:30pm

Come and celebrate national Prosecco Day with Prosecco based cocktails

World Photography Day

Wednesday 19th August – 11am

Join Knaresborough Photography Club to learn about their club

Dementia Silent Disco

Saturday 22nd August – 3pm

Pop on some headphones and join us for a boogie on Memory Lane

Eye Health Talk

Monday 24th August – 3pm

Join Specsavers for a talk on eye health and learn how we keep an eye on our sight

Our events are free of charge, but please book your place
by calling 01423869200

Thistle Hill Care Centre, Thistle Hill, Knaresborough HG5 8LS
01423869200 • www.barchester.com/home/thistle-hill-care-centre

