



Join us for our events throughout July

**Community Café**

**Wednesday 1st July - 11am**

Meet up with friends and create new ones over summer refreshments and enjoy an exciting virtual reality experience with volunteers from the Newcastle United Foundation joining us

**Rock n' Roll Revival**

**Wednesday 8th July - 11.30am**

Dust off your dancing shoes and get ready to twist, jive and sing along to all your favourite rock n' roll classics performed live by the fabulous Michaela from Musical Memories

**A taste of France**

**Tuesday 14th July - All Day Event**

Join us as we celebrate Bastille Day. Enjoy French inspired food and treats and explore the charming streets of Paris and French countryside from the comfort of your armchair whilst learning of the history, famous landmarks and fascinating facts along the way.

**Hawaiian Hydration Party**

**Friday 17th July - 11am**

Pop on your Hawaiian shirt and join us for sunshine, music and tropical treats! Get all shook up in our garden with Elvis impersonator Mike Memphis and enjoy shakin' summer mocktails.

There'll be helpful information on hydration for dementia and ways to keep cool this summer

**Blue Light Lunch**

**Monday 27th July 11am - 2.30pm**

We warmly invite all emergency personnel to drop in for a free summer style take away lunch as a thank you for their hard work and dedication in keeping our community safe and healthy. No need to book just drop in

**Silent Disco**

**Thursday 30th July - 11am**

Join us for a fun filled silent disco with DJ John playing your favourite nostalgic hits. Whether your a fan of rock n roll, Motown, pop or timeless classics there's something for everyone to chose from through your own party headset.

**Our Events are free of charge, but please book your place by calling 01670 817222**

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8HE

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