

General Manager Focus



SUMMER TIME AT SCARBOROUGH

Welcome to our Summer newsletter. We are happy to share the news from our Care Home. You will see that residents have been engaged with a variety of activities and trips out. We have more planned for the months ahead so please put a date in your diary for up-coming events.

Our head chef, Iain, has created a new summer menu which we hope everyone will enjoy. We are now having more salads, with seasonal leafy greens, soft fruits, refreshing summer desserts, such as sorbets and ice-creams, to keep people cool. We are conscious of the unusually high heat at this time of year and all staff are taking good care to ensure our residents are properly hydrated with regular fruity drinks and chilled water.

We have successfully recruited more carers to our Home and hope that they all settle in well and enjoy being part of the Scarborough Hall team. Our activity team has also expanded and the new members are sharing their enthusiasm and creative skills with residents. If there is anything your loved one would enjoy, please do reach out to the activities team.

Finally, thank you to all our visitors. It is very inspiring for us to see such love and dedication to family members. We appreciate the presence of our visitors; children, dogs, all are welcome.

Dates for your Diary

JULY

Friday 3rd

Mini Bus outing to Italian Gardens

Saturday 4th

Alice in Wonderland Afternoon Tea

Tuesday 7th

Music Show

Wednesday 15th

Mini Bus outing to Peasholm Park

Monday 20th

World Cup theme Dining Experience

Thursday 30th

National Cheesecake Day

August

Saturday 1st

Yorkshire Day Celebration

Tuesday 4th

Summer Fair

Thursday 6th

St James Church

Thursday 13th

Live Event Puppetry

September

Thursday 3rd

St James Church Service

Wednesday 9th

Emergency Services Day

Monday 14th

Green Hedges Nursery visiting us

Friday 25th

McMillan Coffee Morning

GARDENING CLUB



Some residents are keen to participate in keeping our gardens looking as good as possible. They have planted annuals in the tubs in the garden and the hanging baskets at the front to brighten up the environment. Gardening, handling plants and tools, getting dirty hands, is good for boosting mood. Sharing the activity with others fosters a sense of well-being as conversation flows easily when people are busy together. The gardens are an important feature of our home as residents appreciate having access to outdoor space. The lawn is filled with daisies and blue flowered ground ivy and the lavender and roses are lovely.

WONDERS OF THE WILD...

Our residents have worked hard to create beautiful art using recycled products. You can see the amazing results at the Old Parcels Office at Scarborough Station during July. Jayne, a local artist, and volunteers Chris and Lyn have been amazing throughout the project. A big thank you to them.



What we've been up to...

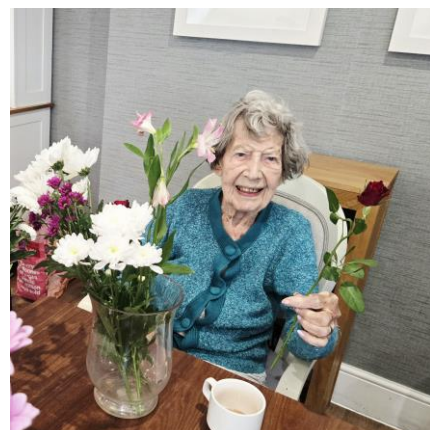


A VISIT TO SEWERBY HALL

Some of our residents went out for the day to explore the historic house and gardens at Sewerby Hall in Bridlington. The beautiful Edwardian house is furnished with pieces of the period, some from the V&A, recreating the lifestyle of the time. A walk round the gardens, the small zoo and the aviary was enjoyed by all as was the tea and cake!

FLOWER ARRANGING

Selecting flowers and foliage and arranging them together is an enjoyable, stress-free, creative activity. Handling scented flowers is a sensory pleasure and creating a bouquet is a simple way of connecting with nature, naturally lifting our mood.



LET'S TALK *facebook*

Don't forget to follow us at Scarborough Hall Care Home - Barchester Healthcare

Our best story this month, the duo Annie & King, had 27 likes. Their Father's Day performance was fantastic with everyone clapping their hands and tapping their feet.



NEWS FROM IN AND AROUND SCARBOROUGH HALL

VISIT TO THE SEA LIFE CENTRE

The activity team took some of our residents to the very popular Scarborough attraction, Sea Life Centre. There they enjoyed seeing the sharks, seals and penguins.



Thank You

From all the team at Scarborough Hall we'd like to say a big thank you to everyone for all your support over the last few months. We'd love you to leave us a review, if you haven't already, at carehome.co.uk

FISH AND CHIPS TAKE-OUT

Sometimes residents like to have a change from our menu and enjoy a themed dining experience. Last month was tasty traditional fish and chips in paper, complete with mushy peas. Here is our Deputy Manager, Michelle, enjoying her take-out with residents.



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