



Join us for our events throughout July

**'Sole Mates' Community Walking Group**

**Friday 3<sup>rd</sup>, 11am, Meet at Reception**

Join us for a gentle stroll around Leeming Bar as we enjoy fresh air, beautiful countryside, and each other's company.

**Mad Hatter's Tea Party**

**Saturday 4<sup>th</sup>, 12.30pm, The Garden**

Don't be late for your very important date at our Mad Hatter's Tea Party as we celebrate Alice in Wonderland Day!

**Wonka's Wonderland**

**Tuesday 7<sup>th</sup>, 2pm, Throughout the Home**

We will be transporting you to Willy Wonka's chocolate factory to celebrate World Chocolate Day!

**Vintage Vinyl Rock Festival!**

**Monday 13<sup>th</sup>, 2pm, The Garden**

We will rock you as we celebrate World Rock Day, sound-tracked by guitarist Chris Gilly!

**Spirit Lifters Community Choir**

**Friday 17<sup>th</sup>, 1.30pm, Upstairs Main Lounge**

Liz will be joining us for another spirit-lifting community choir! All abilities are welcome to join.

**Mindful Moments Wellbeing Café**

**Friday 24<sup>th</sup>, from 5.30pm, Upstairs Smaller Lounge**

Join us for an evening of mindful self-care with hand massage, guided relaxation, and refreshments

**Memory Lane Disco**

**Monday 27<sup>th</sup>, 2pm, Upstairs Main Lounge**

Join us for a dance down memory lane at our fun-filled sensory disco!

**Potters Picnic**

**Thursday 28<sup>th</sup>, 12.30pm, The Garden**

Commemorate the birth and life of Beatrix Potter, acclaimed English author and illustrator beloved for her children's books with our annual Peter Rabbit themed picnic.

**Reminiscence Café**

**Wednesday 29<sup>th</sup>, 11am, Upstairs Main Dining Room**

Enjoy a morning of fond reminiscence, with brews a-plenty and delicious sweet treats!

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