



HARTON
GRANGE

BARCHESTER HEALTHCARE

Increasing Hydration for people living with dementia

Monday 27th July 2026

1.00pm - 3.00pm

Make staying hydrated easier by joining in at Harton Grange to discover practical tips, meal plans and ways to spot dehydration.

Please contact Claire to RSVP

Harton Grange Care Home

Boldon Lane , South Shields, NE34 0LZ

Tel: 0191 454 6000 · www.barchester.com

Residential Care • Dementia Care • Respite Breaks