

Join us for our events throughout July

FitCare with Bex

Wednesday 1st, 15th & 29th July – 2pm

Exercise sessions with Bex from the comfort of our armchairs!

World Chocolate Day

Tuesday 7th July – 2pm

Join us for an afternoon of chocolate tasting as we celebrate World Chocolate Day! Sample a variety some new flavours and some old favourites!

Yoga With Yvonne

Thursday 9th & 23rd July – 2pm

Relaxation sessions with Yvonne from the comfort of your armchair.

Hawaiian Summer Fete

Saturday 11th July – 2:30pm

Join us for our annual summer fete! Enjoy a fantastic afternoon with: Live Music, Tombola, Stalls, BBQ, Ice Cream and games

Barchester Live Event: Butterfly Talk with Rob Magee from

Gwent Wildlife Trust

Tuesday 14th July – 2:30pm

Discover the magic of butterflies in a fun, interactive talk with resident nature expert, Rob Magee from Gwent Wildlife Trust. Come along to learn fascinating facts, and get inspired for the Big Butterfly Count.

Pamper Sessions for International Self Care Day

Friday 24th July – 2pm

Relaxation sessions with Yvonne from the comfort of your armchair.

**Our events are free of charge, but please book your place
by calling 01625 243 147**

Canmore Lodge, 161 Robertson Road, Dunfermline, KY12 0BL
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