

### *General Manager Focus*



## Hello & Welcome!

**Welcome to our Spring Newsletter, we hope that you enjoy reading it!**

I would like to take this opportunity to say welcome to our new residents, along with their families and friends.

We've had a busy few months providing a range of activities for residents to enjoy and we have plenty more exciting activities to come. Its wonderful to see relatives and friends creating memories with our residents.

As we step into spring with brighter days and sunshine we look forward to spending more time in our beautiful gardens and lots more outings.

Thank you for your ongoing support and involvement. If there is anything you wish to discuss with myself directly please let me know

Warm Regards

Nichola Williams

## Dates for your Diary

We are welcoming families to join us for any of our events. Please contact us if you have any questions

### Month May

May 07<sup>th</sup> 11am  
VE Day Party

May 07<sup>th</sup> 5pm  
Come Dine with us

May 12<sup>th</sup>  
International Nurses Day

May 14<sup>th</sup> 2.30pm  
Whiskey Experience

May 21<sup>st</sup>  
Dementia Disco

### Month June

June 4<sup>th</sup>  
National Cheese day

June 14<sup>th</sup>  
Paint and Sip day

June 17<sup>th</sup>  
World Cup England  
Match

June 21<sup>st</sup>  
Father's Day celebrations



## Music Therapy

Here at Hawthorns we are very lucky to have our very own qualified Music Therapist, Mary. Originally from the US, she trained in Arizona and is qualified to practice music therapy in both the US and the UK. Mary utilises music-based activities to cognitively engage residents and to support their mental health and wellbeing. Her primary instrument is the harp, which she applies in her sessions for relaxation



## SPOTLIGHT ON...

### International Nurses Day

We want to extend a heartfelt thank you to all our wonderful nurses. Your compassion, professionalism and dedication make a profound difference to not only our residents but all your colleagues here at Hawthorns 🌸



## What we've been up to...



## Dine with us!

We extended a warm welcome to families to join us at Hawthorns for our Dine with us event. Our very talented Head chef Dav created a delicious three course meal.

Dav joined Hawthorns in February after working as a chef for 26 years. His passion for food truly shows serving nutritious meals each day for residents and families.

## VE Day at Hawthorns Care Centre

We celebrated VE Day with a party at Hawthorns. Residents and relatives had a fantastic time we all really enjoyed the occasion, especially singing along with our entertainment.



# LET'S TALK *facebook*

Don't forgot to follow us at

@Hawthornscarecentre

We recently posted on facebook to share information on our Magic Table. This allows residents to explore a variety of sensory interactive games that research shows has a positive effect on those living with dementia.

To find out more please visit:

<https://www.barchester.com/typ.../dementia-care/magic-tables>

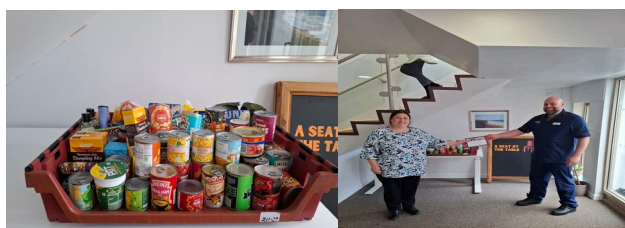
## NEWS FROM IN AND AROUND Hawthorns Care Centre

### Hawthorns weekly Memory Café

Every Wednesday at 11am we hold our Memory Café in the main Dining room. Everyone is welcome to join us including the local community. Entertainment and refreshments are provided.

### Food Bank Donation

A big thank you to everyone who supported us with our food bank collection. We delivered it to East Durham Trust who really appreciated our support.



# Thank You

From all the team at Hawthorns care centre we'd like to say a big thank you to you all for all your support.

We'd love you to leave us a review if you haven't already at google Barchester Hawthorns Care Centre or [carehome.co.uk](http://carehome.co.uk)

### Employee of The Month

Congratulations to Karen, Activities Coordinator who was nominated for April Employee of the month.

Thank you for all your hard work and dedication.



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BARCHESTER

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