



MALLARD
COURT

BARCHESTER HEALTHCARE

Falls Prevention Workshop

Wednesday 15th July 11am - 12.30pm

Falls can change lives in seconds.
Join our workshop where we'll explore how you can help
older adults avoid falls, and ways we can work together
to reduce avoidable hospital admissions.

Mallard Court Care Home

Avocet Way, Kingsmeade, Bridlington, YO15 3NT

Tel: 01262 401543 • www.barchester.com

Nursing Care • Dementia Care • Respite Breaks