



You're invited to our

Carer Support Group

Every 4th Friday
10:30 until 12 noon

At Mortain Place Care Home we know the importance of supporting our local community and hold weekly groups, specifically for those caring for a loved one.

Come along to our friendly and informal support group for open discussions with other carers and healthcare professionals, each with their own invaluable help and advice.

Tea, coffee and delicious home-made cakes will be available.



Mortain Place Care Home

93 Pevensey Bay Rd, Eastbourne, BN23 6JF

Tel: 01323 465 150 • www.barchester.com

Residential Care • Dementia Care • Respite Breaks



**MORTAIN
PLACE**

BARCHESTER HEALTHCARE