

General Manager Focus



HELLO SUNSHINE

I can't quite believe we are already well into Spring, the time has flown by. I spoke previously of my focus being on the environment and how we plan to refresh large areas of the home. Memory Lane has had all corridors and woodwork repainted. The focus will now be within Elderly Frail where we are planning to refurbish the top lounge and redecorate our Namaste room.

I have met with Residents in the home about what they would like to see in our top lounge and all are in agreement that they like this space for spending time with visitors, whether celebrating special events or sitting for a chat and cup of tea. As a result, we are looking at whether incorporating a bar area will be feasible in this area. Residents liked this idea so we have contacted the design team to support.

We also discussed the enclosed garden and there is a decorative pack that has been made for residents to choose lighting, decorations, soft furnishings etc that they would like to see in the space.

We are awaiting approval of the new shed so that we can convert the existing garden shed into a Summer House, Elizabeth is arranging for mural work to be painted on this to brighten up the area and bring additional colour.

Dates for your Diary

MAY 2026

4th & 18th May – Minibus Trip: Cycle Without Age

8th May - VE Day Commemoration

11th May – The BAFTA's: Canmore Lodge Awards

14th May – Yoga with Yvonne

15th May – Music with Bernie Hewitt

21st May – Tour de Barchester

28th May - St Columba's Church Service

JUNE 2026

3rd June – Cool Creatures Animal Handling Sessions

9th June – Barchester Live Event: A virtual tour of National Marine Aquarium

Mystery Minibus Trips are being planned at present and may not always appear on weekly planners.

Planting For International Gardening Day

We have been making the most of the nice weather recently. We have been potting plants in addition to decorating bird feeders and watering the garden.

Residents marked International Gardening Day with a cheerful planting session that brought a touch of spring indoors.

Together, we planted flowers and greenery, enjoying the feel of soil, the colours, and the shared experience of nurturing something new.

The activity sparked conversation, memories of past gardens, creating a relaxed and welcoming atmosphere.

Residents took pride in their work and look forward to the plants brightening shared spaces. The session supported independence, sensory engagement, and a strong sense of togetherness, leaving everyone feeling uplifted and connected.



What we've been up to...



LET'S TALK *facebook*

Don't forget to follow us!

Our best story this month
had 22 likes

Meet the team Monday



Introducing Elizabeth Kerr,
Activities co-ordinator.
Elizabeth studied Textile design
at university and is enjoying
spending time with residents
delivering creative arts within the
home.

Look out for more meet the
team posts coming soon.

NEWS FROM IN AND AROUND Canmore Lodge

Scottish Ballet Movement Workshops

Dancers and Musicians from the Scottish Ballet led movement and dance workshop. From the comfort of their chairs, residents explored simple ballet-inspired movements, rhythm, and musicality, supported by live and recorded music. The sessions encouraged mobility, coordination, and focus, while remaining inclusive for all abilities.



Thank You

From all the team at Canmore Lodge we'd like to say a big thank you to you all for all your continued support over the last few months.

Celebrations in our home

Lynn Stevenson, Carer, was our employee of the month for April, Lynn was nominated by relatives and staff for her dedication and commitment.

Sharon Wallace, Carer, has joined us within the Activity team. Already filled with ideas and enthusiasm she is really looking forward to working with the team.



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