

# Ochil Care Home

NEWSLETTER



## General Manager Focus



## A Big Ochil Thank You from Bridget!

**Powered by Teamwork, Good Humour and a Happy, Trusting Family Environment.**

Over the last few weeks and months, I've been genuinely blown away by the dedication, patience, and good humour shown by every member of our Ochil family. Thank you all for welcoming me so warmly and for only laughing a little when I say thingy.

Your support has made my start here feel less like a new job and more like joining a close-knit, incredibly hardworking, and wonderfully caring family. Your continual support and kindness with the new colleagues that have joined us is incredible and this month we include our newest nurse Gifty and our heroic new Head of Maintenance Mike. With more recruitment underway, we're continuing to build the warm, family-focused environment we're striving for.

There's still plenty ahead of us as we push toward the highest standards of care, guided by the Barchester values we hold dear: Respect, Integrity, Passion, Empowerment, and Responsibility. Alongside these, our seven domains of wellbeing—Identity, Meaning, Connectedness, Autonomy, Growth, Security, and Joy—remain at the heart of everything we do. And honestly, if living these values were a competitive sport, I'm convinced this team would achieve something even rarer than Olympic gold... we'd see Scotland lift the World Cup.

## Dates for your Diary

We welcome all families and the wider community to come to any of our Activities that we run. Please don't hesitate to contact us for any other information.

### APRIL

14<sup>th</sup> Incredible Eggs Delivery

16<sup>th</sup> 11am Duckling Eggs Hatch

17<sup>th</sup> 2.15pm Oakbank Kids Club Visit

20<sup>th</sup> 11am Reggie the Therapet Dog

21<sup>st</sup> 12pm All Ability Bikes

### MAY

7<sup>th</sup> May Blair Drummond Safari Park Visit

8<sup>th</sup> May 2.30pm VE Day Celebration

18<sup>th</sup> Perth Museum Visit

25<sup>th</sup> BBQ



## NEWS FROM IN AND AROUND Ochil Care Home

### Easter Celebrations

#### Easter Market Fayre Joy!

Our residents, relatives and staff had the most wonderful time at our Easter Market Fayre. The stalls were buzzing, the lounge was full of laughter and the sense of community was brilliant!

But we think it's fair to say the stars of the show were the Petting Zoo from Eden's Garden. From rabbits to lizards, every little creature stole a few hearts. The smiles were priceless and the gentle interactions made the day!



### VE DAY CELEBRATIONS

We are delighted to share that we will be hosting a VE Day Celebration here at the Home.

Fingers crossed for warm, dry weather so we can enjoy a wonderful afternoon together in our garden, surrounded by music, memories and good company.

Our residents always love marking those special moments, and we're looking forward to creating a relaxed, meaningful day for everyone.



**Friday 8th May from 2.30pm**

Join us at Ochil Care Home as we celebrate VE-Day.

We're looking forward to a lovely afternoon in our garden, where we will be joined by Perth & District Pipe Band.

We'll also have snacks and refreshments on hand so everyone can



## REWIND at Ochil!

**Dates for your diary: Saturday 11<sup>th</sup> July**

Join our wonderful residents as we take a trip back in time with REWIND! Music from the 70's & 80's.

Think disco outfits, classic tunes and of course a tasty BBQ to keep everyone fuelled for the fun.

Get your glad rags on and get ready to dance! We cannot wait to see you there!

## SPOTLIGHT ON...

Meaningful Moments- We have been working away with our residents and relatives, to arrange some meaningful moments outside the home.



## *What we've been up to...*



### Ducklings Hatching Joy at Ochil

We are buzzing here at Ochil, 5 out of 5 of our duck eggs have hatched! Our tiny new arrivals are settling in beautifully!

There's nothing quite like watching those little beaks and wobbly feet.

### Therapy Ponies

Our residents had a brilliant time with Therapy Ponies, Flicker and Wilson, who spent some time with our residents and the smiles said it all.

It's amazing to see the joy, confidence and connection these gentle ponies bring out in people. Moments like these truly make our days brighter.



LET'S TALK  
*facebook*

Don't forget to follow us at  
**@OchilCareHome**

Our best story this month  
had 80 likes.

**NEW\*** Our fortnightly  
Gardening Club

We're delighted to share that we have a brand-new fortnightly gardening club which will give residents the chance to enjoy fresh air, gentle activity and the joy of bringing our outdoor spaces to life.

## NEWS FROM IN AND AROUND OCHIL

### DID YOU KNOW?

Residents Meeting: Did you know that we hold a monthly Residents meeting?

It's such a great way for us to get feedback from them. Most residents have stated they would like to visit an animal park so we have booked a visit to Blair Drummond Safari Park.

We will be starting a brand-new residents gardening club in the next few weeks now that the warmer weather has arrived.

Friendship Club will resume again from Friday 29<sup>th</sup> May.

## Thank You

From all the team at **Ochil Care Home** we'd like to say a big thank you to you all for all your support and understanding over the last few months. We'd love you to leave us a review if you haven't already at [Submit a Review - Barchester Ochil Care Home](#)

## Celebrations in our home

We recently celebrated, Paige, one of our Care Practitioners who was Employee of the Month!

Her kindness and dedication and caring presence make such a difference every single day.



Ochil Care Home

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**BARCHESTER**

*Celebrating life*