

# Scarborough Hall

NEWSLETTER



BARCHESTER

*Celebrating life*

## General Manager Focus



## WELCOME TO OUR SPRING NEWSLETTER



Spring is here and we are at last able to experience some welcome warmer weather and get back out into the garden. The Gardening Club is now back up and running and residents who want to do a little weeding and planting are encouraged to join in. Many residents of course enjoy being able to get outside and our regular garden walks with individuals are always popular. The Activity Team is also able to take out some residents further afield for local walks to enjoy the daffodils and the spring blossom.

We are still engaging in our regular weekly activities for residents such as pampering sessions, hymn singing, craft and baking clubs, board games and bingo. If you have any ideas for the Activity Team to introduce anything new that you think your loved one may enjoy or any suggestions for outings then do please contact

[Scarboroughhall.activities@barchester.com](mailto:Scarboroughhall.activities@barchester.com)

We welcome all our new staff to Scarborough Hall and hope that they settle in well and provide the compassionate care that we value so much here. We would also like to especially thank all the longer-term staff as we appreciate their tireless efforts, hard work and the loyalty they demonstrate towards our residents and to each other.

## Dates for your Diary

### April

1<sup>st</sup> to 10<sup>th</sup> April

Chick Visits

7<sup>th</sup> April

Easter Egg Hunt

9<sup>th</sup> April

Shakespeare Live Event

11<sup>th</sup> April

Grand National

12<sup>th</sup> April

St James Outing

23<sup>rd</sup> April

Red Kite Entertainment

### May

6<sup>th</sup> May

Time for a cuppa

14<sup>th</sup> May

Coffee Dance Outing

20<sup>th</sup> May

Green Hedges Nursery  
visit

21<sup>st</sup> May

Sewerby Hall Outing

### June

3<sup>rd</sup> June

Fish and Chips Dining  
Experience

4<sup>th</sup> June

Cheese and Wine Party

8<sup>th</sup> June

Green Hedges Outing

11<sup>th</sup> June

Queen Street Church  
Outing

27<sup>th</sup> June

Armed Forces Day

# Postcards of kindness

This is an initiative which enables residents to be integrated into the wider community to help reduce isolation. It is a Facebook group which encourages the creation of pen pal relationships. Our Activity Team help residents write and send off cards to others around the UK, some from other care homes. Residents open up the cards and letters that we receive and read and discuss the messages. People share information about the special places of interest in their own local environment, the wildlife they've recently seen, nature walks they have enjoyed, the history of their part of the world, the changes in their towns. They might swap recipes, stories about their pets, the crafts they enjoy, the seasonal changes, even the weather!



## SPOTLIGHT ON...

RSPB Big Garden Bird Watch 2026. We have a number of avid bird watchers at the home and they were keen to participate in this national event. We created fat balls with peanut butter and seeds to hang outside for the birds. Our residents also enjoyed bird themed crafts and a quiz too.



## *What we've been up to...*

### St James Church Service

Some parishioners from our local church visited Scarborough Hall to share Bible related story-telling. They performed Noah's Ark and this story offers some comfort to residents with a religious disposition as they feel that the protection and patience the story relates is relevant to their situation. Miniature figurines of animals were used to illustrate the story and gave residents something tangible to focus upon.



### Chinese New Year

To celebrate the Year of the Horse our resident chef Iain organised a special Chinese meal for some of the Laughton Suite residents in the café on the ground floor. The Activity Team did a terrific job in decorating the café with colourful Chinese themed decorations and the residents enjoyed a home-cooked stir-fry in a friendly sociable environment.



# LET'S TALK *Facebook*

Don't forget to follow us at Scarborough Hall Care Home - Barchester Healthcare

Our best story this month had lots of likes!

Animal House – Birds of Prey visit Scarborough Hall Care Home



## NEWS FROM IN AND AROUND Scarborough Hall

Recently the Activity Team and some of our residents enjoyed a wholesome afternoon together at The Scarborough Flyer pub in the town, which was well spent, enjoying each other's company whilst devouring a selection of sharing plates and a pint.

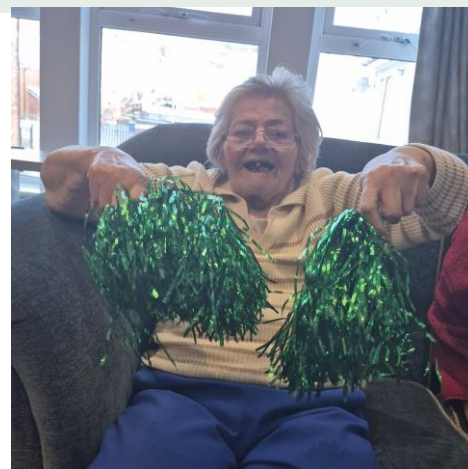


## Thank You

To all families of residents who help make the special events of the year such a success. Your support and generosity with both your time and the many contributions provided for sale at the stalls mean that valuable money is raised for the Residents Fund and local charities. Your participation and enthusiasm is greatly appreciated.

## Exercise Club

Residents enjoy chair exercises to music. Having some colourful props to play with like pompoms, balloons and soft balls adds to the fun and being able to move with relative ease is clearly very important for all residents as they are then able to retain more independence if they can remain mobile for as long as possible. Being in a group, exercising with others, helps to keep up the spirits of residents.



Scarborough Hall Care Home

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