

Mulberry Court

NEWSLETTER


BARCHESTER
Celebrating life

General Manager Focus



Variety of themed activities

Here at Mulberry Court, we provide a variety of themed activities designed to engage residents, encourage social interaction, and improve emotional and physical well-being.

These activities are the resident's choice facilitating all abilities, featuring everything from gardening, music therapy to hosting cultural events and remembering past historical occasions.

Our residents had a lovely time discussing the historical occasion of the Titanic, with Mulberry Court recognising the importance of such anniversaries being a vital component of reminiscence therapy to increase emotional and social wellbeing.

Did you know?

Builder: Built by Harland and Wolff in Belfast, Ireland, for the White Star Line.

Dimensions: It was the largest moving man-made object at the time, measuring 883 feet long, 92 feet wide, and 175 feet tall.

Luxury: Designed for opulence, featuring a swimming pool, gymnasium, squash court, and high-end dining, catering to wealthy passengers and emigrants alike.

Safety Features: It featured 16 watertight compartments, which led to the "practically unsinkable" reputation. However, it only carried 20 lifeboats, enough for only about half of the 2,200+ people on board.

Departure: Left Southampton, England, on April 10, 1912, stopping in Cherbourg, France, and Queenstown (Cobh), Ireland, before heading to New York.

Dates for your Diary

Looking forward to spring activities.

May

1st – Mobile organ visit

6th – Veteran's coffee morning

6th – Keep fit with Kate

13th – Antiques valuation

14th – Musical Moments

19th – Keep fit with Kate

29th – New vocalist Nicky

Variety of themed activities

The Iceberg: At 11:40 p.m. on April 14, 1912, the ship struck an iceberg in the North Atlantic.

The Sinking: The ship sank at 2:20 a.m. on April 15, 1912. Due to the inadequate number of lifeboats and chaotic evacuation procedures, many boats were launched under capacity.
Casualties: Approximately 1,500 people lost their lives, many in the freezing water.

Rescue: The RMS Carpathia rescued 705 survivors, arriving in New York on April 18.

Inquiries: The disaster led to major American and British investigations.

Regulations: The tragedy resulted in international regulations requiring 24-hour radio monitoring, lifeboat training, and enough lifeboats for everyone on board.

Discovery: The wreck was found on September 1, 1985, by a joint American-French team led by Robert Ballard.

The iconic film: "I'm flying" bow scene featuring Kate Winslet (Rose) and Leonardo DiCaprio (Jack) is from the film Titanic, which was released in the United States on December 19, 1997.



Facts to fun arts and crafts

Changing the atmosphere to a fun arts and crafts session our resident's decided to build their own Titanic complete with miniature figures, boarding tickets and of course we couldn't resist making our own romantic bow scene





Mulberry Court Employee of the Month

Here at Mulberry Court Care Home - Barchester Healthcare we love to recognise and reward our staff and for April our employee of the month is the lovely Dona.

A huge congratulations to our wonderful carer Dona for being named Employee of the Month for April as voted for by my residents their families and her co-workers.

Your dedication to patient care and your tireless work ethic inspires us all every day.

We are so lucky to have you on the team!

Here she is photographed being presented with her certificate by general manager Rachael under our magnificent Cherry blossom tree.

Coming up...

Parkinson's Awareness

Parkinson's disease is a progressive neurological condition caused by the loss of dopamine-producing brain cells, leading to movement disorders like tremors, rigidity, and slowness (bradykinesia). While there is no cure, medications and therapies (e.g., physiotherapy) help manage symptoms. It mainly affects people over 50, although younger onset occurs.

**Join us in honour of
World Parkinson's Day
on 24th April from 2pm.**

Come along to our Parkinson's awareness event to hear from Maria Liversidge.

It's a great opportunity to meet the Mulberry Court Care Team.

MULBERRY COURT
BARCHESTER HEALTHCARE

Parkinson's Awareness

Join us in honour of World Parkinson's Day on
24th April from 2pm

Come along to our Parkinson's awareness event to hear from Maria Liversidge, Parkinson's Physiotherapist Clinical Lead for York about symptoms, diagnosis and how to manage the long-term condition. It's also an opportunity to connect with others experiencing similar things. Refreshments will be provided.

Mulberry Court Care Home
Clifton Park, Shipton Road, York, YO30 5PD
Tel: 01904 671122 - www.barchester.com
Residential Care • Nursing Care • Respite Breaks

LET'S TALK
Facebook

Don't forgot to follow us at:

www.barchester.com/home/mulberry-court-care-home

Our best story this month:

Veterans' coffee morning with WW2 Veteran Ken Cooke.

What a wonderful Easter Sunday.

Watching the Masters Golf at York Golf Club – well done Rory.

Take advantage of our open day



You're invited to our
Open Day

Saturday 25th April • 10am – 4pm

Where life stories inspire great care.

When considering care for yourself or a loved one, it's important to find a place that values you for the unique person that you are.

Our dedicated team seeks to understand more than care needs. We get to know each person's life story, passions and preferences to shape their care, support and experiences – bringing joy, purpose and fulfilment to each day.

Find out how we can help at our Open Day.

Call to book an appointment:

020 4533 8957

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Celebrations in our home

Mulberry Court Care Home are always happy to host a celebration, fostering community and fun through themed activities, parties, birthdays, or just a family get together.

Speak to our Activities Team if you would like to host your own festivity in one of our two lounges.



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