

### *General Manager Focus*



## Save the Date!

We are very happy to invite you all to our Summer Fete this year on 27<sup>th</sup> June! We will have live entertainment from Alan Jackson, Vintage Singer and children's horse and cart rides with Darwin from Comfort Horse therapies. This year we are raising money for Re-Engage; a charity that provides vital, life enhancing social connections for older people in the local community; including tea parties and phone-calls. If you would like to donate to our raffle and tombola to help, we would be very grateful.

With the better weather we are spending more time getting out and about in our local community; as well as spending time in garden. We have been given some tomato plants to grow in our sensory garden and are very much looking forward to tasting the fruits later this summer.

Our community talks have proven very popular; and going forward we are planning lots more, including SCAM prevention, a digital café and Falls awareness, so please keep an eye on your emails for invitations! If you would like to receive information about upcoming events, please leave your details with our reception team.

As always, Jo and I are here if you need us, so please don't hesitate to contact us.

*Becky*

Rebecca Aldred

Senior General Manager



## Dates for your Diary

### CINCO DE MAYO

5<sup>th</sup> May

Experience a day of exploration as we armchair travel to Mexico

### FALCONRY EXPERIENCE

12<sup>th</sup> May: 2:00pm

Rutland Outdoor Pursuits joins us for a fascinating and informative afternoon with some awe-inspiring birds of prey

### DEMENTIA SUPPORT EVENING GROUP

21<sup>st</sup> May: 6.30pm

Our monthly dementia support group in partnership with Dementia Support South Lincs meets in the Quiet Lounge

### DON'T DINE ALONE

25<sup>th</sup> May- 12.30pm

Book a three-course meal made by our very talented home chef, in our beautiful dining room

### EUROVISION PARTY

29<sup>th</sup> May- 2:00pm

Talented performer Alison Jay sings some of the greatest Eurovision Hits of all time, in the Rowan Dining Room

# Walk With A Time Traveller

This month, to mark World Heritage Day, Margaret, Romy, Dorothy and Anne went on a 'Walk With a Time Traveller' at the beautiful Wellhead Park.



We joined over 20 members of the public who had gathered to hear the history of Bourne through a fascinating and very entertaining presentation led by Irene the Time Traveller. The talk covered the history of Bourne Castle, Hereward the Outlaw, the Wake and Beaufort families, Robert Manning, and the Great Fire of Bourne; whilst taking a leisurely stroll through the scenic park with its blossoming trees and fountains.

Anne loves learning about history; and said 'it's fascinating! I've never heard of the Great Fire of Bourne before! Aren't we lucky to have this on our doorstep?' Dorothy added that she would 'absolutely go again!'

## An Easter Visit

What an amazing afternoon we shared with the children from Bourne Abbey C of E Primary Academy this month. It was a privilege to listen to them reading a short and beautiful service they had written themselves about being kind and listening, having learnt all about the Good Samaritan in a lesson. Residents and pupils then spent a fun-packed hour making Easter cards together; and the children generously shared their beautiful creations with our residents. So much happiness was spread; and we loved having them visit us again. We hope to see them again soon!



## What we've been up to...

### An Adorable Group of Visitors

Easter Monday was a wonderful day as we were visited by some beautiful baby lambs- just three weeks old!- from Mill Farm, which is owned by a friend of resident Joy, who was instrumental in arranging the visit. She said 'it's so lovely to see them again, next time they can bring some mint sauce!'

Becky said: "Our residents have really enjoyed their unusual visitors today. We knew that having the farm here would be a bit of fun for all our residents;" and Dorothy added that the lambs were 'lovely' and was very happy to be able to share the experience with her daughter Julie. Residents, visitors and staff thoroughly enjoyed the afternoon.



## WORLD ART DAY

To celebrate World Art Day we decided to try something a little different: we looked at famous paintings we recognised and then chose ones that we thought we could recreate. Bert made a fantastic 'Laughing Cavalier' by Frans Hals; which made a change as he said, "having been a policeman all my life, I was known as the 'laughing policeman!'. 'Dogs Playing Poker' by Cassius Marcellus Coolidge caused a lot of hilarity, especially finding and making the props. We had a lot of fun!



# LET'S TALK *facebook*

Don't forget to follow us at  
**@barchestercedarsbourne**

Our best story this month  
had 60 interactions and  
3248 views:



## NEWS FROM IN AND AROUND The Cedars

### PARKINSON'S AFTERNOON

We invited the community to an afternoon of information and support to mark Parkinson's Awareness Month. Expert speakers included a local gentleman who has lived with the disease for 15 years, and a carer who has experience looking after an individual with Parkinson's.

The group shared lived experiences and resources, both local and national, in order to support those living with the disease and their carers; and shared information about a local group that meets monthly at the Methodist Church which is open to all newly diagnosed individuals. An attendee said how useful the group was: 'listening to lived experiences gives a real insight into how the healthcare teams can provide further support to those in our community'.

Next month we are hosting an Antiques Valuation Event: we hope that you can join us!

# Thank You

From all the team at The Cedars Care Home we'd like to say a big thank you to you all for all your support and understanding over the last few months. We'd love you to leave us a review if you haven't already at [carehome.co.uk](http://carehome.co.uk) or on Google Reviews

## EMPLOYEE OF THE MONTH

Congratulations to Sarah-Jane Ward, one of our amazing carers, who has been voted employee of the month for her exceptional work in our home. The employee of the month is voted for by colleagues, residents and relatives. If you would like to vote, please ask for a nomination form from reception.

Well deserved, Sarah-Jane!



The Cedars Care Home

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