



## Springing into April

### *General Manager Focus*

**Welcome to our March - April 2026 newsletter. Inside you'll discover what we've been up to in March and our plans for April.**

As always, I like to start by welcoming all the new residents and staff to Hickathrift House Care Home. It's lovely to meet you all and we're looking forward to getting to know you. I truly hope you all enjoy being here and are excited for our upcoming plans.

It's been a beautiful fun month, full of smiles and laughter. We have loved seeing so many loved ones around Mother's Day and I hope you all had a wonderful day celebrating. We've also loved getting funny for money for Comic Relief. We've been introducing even more animals to our activities program as we celebrated World Wildlife Day. This month we've had ZooLab animals, PAT dogs and a pony visit, as well as visits to the local farm to bottle feed lambs.

In April we'll be continuing the fun with outings, celebrations and birthdays. We are looking forward to celebrating the Grand Nationals, St George's Day and National Tea Day with our local knit and natter club. We also have our Easter raffle in reception, please ask admin or activities for tickets. I'd also love to announce we are putting in our application to the VFF to become a Veteran Friendly Care Home and have attached a letter for more information on how you can help.

Thank you for your ongoing support,  
**Paula Melerski**  
**General Manager**

## Dates for your Diary

We hope you'll join us...

### APRIL

- 2<sup>nd</sup> Gratitude 43 Workshop
- 5<sup>th</sup> Easter Party with KJ & the Catt
- 9<sup>th</sup> Shakespeare's Globe: Past & Present Virtual Event
- 10<sup>th</sup> Coffee Morning
- 11<sup>th</sup> Grand Nationals Celebrations
- 11<sup>th</sup> Pet Photography Competition Closes
- 17<sup>th</sup> Alice in Wonderland Tea Party with the Knit and Natter Club
- 21<sup>st</sup> Ladies Wellbeing Speaker Event
- 23<sup>rd</sup> St George's Day Celebrations
- 23<sup>rd</sup> Songbird and the Crow Musical Entertainment
- 25<sup>th</sup> Gentlemen's Club
- 28<sup>th</sup> Community Café
- 28<sup>th</sup> Residents' Meeting
- 29<sup>th</sup> Beat the Clock Virtual Event
- 30<sup>th</sup> A Day in Mexico



## UPCOMING NEWS FROM IN AND AROUND Hickathrift House

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### EASTER CELEBRATIONS

#### **Egg-citing Easter at Hickathrift**

You're invited to a fun-filled Easter Celebration! On the 2<sup>nd</sup> of April at 2:30pm we welcome Debs from Gratitude 43 for a fabulous Easter decoupage workshop. On the 5<sup>th</sup> residents will be visited by the Easter Bunny and a party with KJ & the Catt. Throughout the week we also have Easter poetry, bonnet making, crafts and an engaging sensory trolley. We hope you'll be able to join us.

### NATIONAL TEA DAY

#### **We're all mad here at Hickathrift.**

Join us for a delightful Alice in Wonderland themed tea party to celebrate National Tea Day on the 15<sup>th</sup> of April at 2:30pm with our local knit and natter club. Enjoy delicious treats, plenty of tea, knitting projects and a touch of whimsical fun in great company. Why not join our staff and dress up for the occasion also! We'd love to see you there.

### OUTINGS

If you are interested in joining us on any outing, please contact our Activities Team.

- 2<sup>nd</sup> Garden Centre Outing
- 8<sup>th</sup> Worzals Coffee Morning
- 9<sup>th</sup> Tescos Shopping Trip
- 10<sup>th</sup> Local Pub Trip
- 12<sup>th</sup> Upwell Artisan Fayre
- 15<sup>th</sup> Local Chapel Coffee Morning
- 19<sup>th</sup> Methodist Church Sunday Service
- 20<sup>th</sup> Springfields Shopping Experience
- 24<sup>th</sup> Norfolk Knitters and Stitchers
- 26<sup>th</sup> We'll Meet Again 1940s Museum
- 29<sup>th</sup> The New King's Lynn Library

# PET PHOTOGRAPH COMPETITION

**Put your photography skills to the test!**

Grab a lovely snap of your furry friend and bring smiles and conversations to the residents at Hickathrift House for a chance to win a fantastic pet themed hamper and a £25 amazon voucher!

One lucky winner chosen by our residents will receive a special prize! Just email a photo of your pet to [hickathrifthouse.activities@barchester.com](mailto:hickathrifthouse.activities@barchester.com). THAT'S IT! You've entered!

We can't wait to see your fluffy creations! All of the lovely photographs will be judged by residents and support a pet reminiscing activity that day.



## *What we've been up to...*



### RED NOSE DAY

**We came together to support Comic Relief Red Nose Day.**

We started the day by learning about the history of the iconic red nose and reminiscing about past fundraising events. In the afternoon, we hosted a lovely tea party with our Knit and Natter Club, enjoying delicious treats prepared by our Head Chef, Nicki.

### MOTHER'S DAY

**Celebrating all the ladies in our home.**

We had a lovely weekend celebrating Mother's Day with plenty of pampering, memories and time with loved ones. Residents enjoyed our very own spa experience, with face creams, eye masks, hand massages, nail painting and relaxing foot soaks, all with calming music playing in the background.



### POST A WISHES

Betty and friends headed out to enjoy a fantastic trip to the Light Cinema Wisbech, to watch the new Elvis film, as she just adores Elvis' music. While Elsie who adores horses, had a special visit from Darwin the pony.

# LET'S TALK *facebook*

Don't forget to follow us at  
[@HickathriftHouse](#)

Our best story this month  
had 57 likes

## Betty's Wish

A little less conversation, a little more action! Betty and friends headed out to enjoy a fantastic trip to the Light Cinema Wisbech, to watch the new Elvis film, all thanks to our Post a Wish initiative.

Betty shared that she has always loved Elvis and really wanted to see the new film on the big screen.

**A huge thank you to everyone who likes our posts.**

## NEWS FROM IN AND AROUND Hickathrift House

### LADIES WELLBEING EVENT

Join us on the 21<sup>st</sup> of April at 10:30am.

You're invited to our fabulous event with local fitness expert, Victoria Clark as she delivers an insightful talk on fitness and wellbeing for women. The event is free to attend and designed for women of all ages. There is an opportunity to ask questions, share experiences and enjoy one another's company in a safe, friendly environment.

### SPRING FAIR

**Calling all stall holders to our Spring Fair!**

We are looking for stall holders who sell crafts, gifts, handmade items or have a local business to join us on the 16<sup>th</sup> of May from 11am – 3pm. If you're interested please email [HickathriftHouse.Activities@Barchester.com](mailto:HickathriftHouse.Activities@Barchester.com) for more information.

# Thank You

From all the team at Hickathrift House Care we'd like to say a big thank you to you all for all your support and understanding over the last few months. We'd love you to leave us a review if you haven't already at [Google](#) or [Carehome.co.uk](http://Carehome.co.uk).

## Celebrations in our home

We'd like to welcome our newest residents who have joined us this month. We hope you have a delightful stay. Happy Birthday to Elsie and Gladys! Everyone had a loved celebrating their special day with loved ones. Congratulations to Toni, Second Chef for being Employee of the Month for February! She was nominated for her skills and friendly attitude. Please feel free to nominate our staff by asking reception for a form.



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