



Join us for our events throughout April

**Wednesday 1<sup>st</sup> – Veteran's Coffee Morning**

Join us for our monthly veteran's coffee morning with V.I.P WW2 veteran, Ken Cooke from 11.00 am in the café bar area. All welcome.



**Sunday 5<sup>th</sup> Easter Sunday and our annual easter egg hunt**

Join us from 2.00 pm as we host our annual Easter Egg hunt around the garden and enter into our prize draw to win giant eggs, Easter toys and much more!

**Tuesday 7<sup>th</sup> and 21<sup>st</sup> – Keep Fit with Kate**

Let's keep fit together with gentle armchair exercises under the guidance of Kate. Everyone is welcome to join in from 2.00 – 3.00 pm in the Sherwood ground floor lounge.

**Monday 13<sup>th</sup> - The Red Kite Company**

Let's get creative as we welcome the Red Kite Company who will be here to demonstrate a wide range of arts and crafts. From 2.00 pm in the ground floor Sherwood lounge

**Friday 24<sup>th</sup> – Parkinson's Awareness Month**

We welcome guest speaker, Maria from Parkinson's Awareness for an informative talk from 1.45pm onwards in the Sherwood ground floor lounge

**Thursday 30<sup>th</sup> – Musical Moments**

Maggie will be here with her wide range of instruments and equipment as we come together with music and movement. 1.45pm onwards in the Sherwood ground floor lounge



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