

Hickathrift House

NEWSLETTER



General Manager Focus

Roses are red, Violets are blue, Hickathrift House is here for you!

Dear Valentines...we have had a lovely month and hope you enjoy reading about it in our monthly newsletter. Inside you'll also find our upcoming March plans, and we hope you'll be able to join us.

I'd like to start by welcoming the new residents and staff. We're looking forward to getting to know you and I hope you have a lovely time with us.

February was full of amazing moments, including a sensational Valentine's activities and reminiscing that sparked beautiful happy memories. We've also welcomed We Clothes You for a unique shopping experience.

In March we're looking forward to adding some colour to our beautiful gardens and enjoying the warmer weather by restarting our outdoor gardening activities and village walks. We can't wait for our upcoming dining room celebrations, especially, Nutrition and Hydration Week (16th) and St Patrick's Day (17th) with a delicious Irish menu and a St Paddys Topsy Trolley. We are also excited to invite loved ones to celebrate Mother's Day on the 15th for a Sunday Roast. Please book by the 8th of March with Kat.

I'd like to take a moment to ask residents, their friends, and relatives to take a few moments to leave Hickathrift House Care Home a review on carehome.co.uk. We are always striving for 5 stars and would love to hear about your experience. These reviews help others when looking for suitable care homes in the areas and are greatly appreciated by staff and myself.

Thank you for your ongoing support,

**Paula Melerski,
General Manager.**



Dates for your Diary

**We hope you can join us
in March for...**

- 1st St David's Day
- 2nd Veteran's Coffee Morning
- 5th PAT Dog Visit
- 5th Gratitude 43 Crafts
- 8th Women's Day Celebration with KJ & the Catt
- 12th V&A Fashion Virtual Event
- 15th Mother's Day Spa
- 16th Hydration & Nutrition Week
- 17th St Patricks Day Music with Heather & Jason
- 20th Red Nose Day
- 20th Knit and Natter Tea Party
- 25th Virtual Music Quiz
- 27th Pony Visit
- 29th A Day in Greece
- 31st Community Café





WHAT WE'VE BEEN UP TO AT... **Hickathrift House**

VALENTINE'S PARTY

Enchanting day sparked memories for residents this Valentines.

We had a fantastic time celebrating Valentine's Day with a very special party, complete with wonderful musical entertainment from KJ and the Catt. The room was filled with love themed songs, plenty of singing along and even some dancing too! It was so lovely to see residents enjoying the music, sharing smiles and soaking up the joyful atmosphere.



SHOPPING EXPERIENCE

A relaxing and enjoyable shopping experience for all.

We were delighted to welcome We Clothe For You to Hickathrift House today, bringing with them a wonderful selection of stylish clothing for both men and women, along with a range of accessories. It was a fabulous shopping experience, giving residents the chance to browse, try on outfits and choose pieces they loved, all from the comfort of home. Having the shop come to us makes it convenient, personal and accessible for all.

CHINESE NEW YEAR

Bonjour from the country of love!

We just had to virtually travel there and explore all things French! As we virtually travelled to France, exploring the highlights, we delved into our pastry tasting trolley. The scrumptious French food didn't stop there as our lunch menu transformed with classic French favourites. In the afternoon we analysed famous French paintings and made Notre Dame suncatchers.



POST A WISH CELEBRATIONS

This month we've had the privilege to grant Phil's Wish with our Post a Wish initiative. Phil's wish was to go for a delicious Chinese and of course we had to find the best one in the area! Phil and friends had a fabulous time and lots of delicious Chinese food.

Please contact Kat about upcoming Post a Wishes for 2026.



WHAT WE'VE GOT PLANNED AT ... Hickathrift House

MOTHER'S DAY SPA TREATMENT

All Mothers deserve a pamper and to be celebrated!

Join us for a fabulous Sunday on the 15th of March where we'll be hosting a spa day and scrumptious Mother's Day lunch for the lovely Hickathrift ladies. On Sunday afternoon residents will be pampered, from foot spas to face masks. We want all the ladies to feel one in a million. On Sunday we will be hosting a special Mothering Sunday Roast and if you'd like to book, please let us know by the 8th of March. There is a nominal fee of £15 for a three-course meal. The theme for the day is beautiful florals so join our staff in a dress up day.

NUTRITIONAL & HYDRATION WEEK

Highlight, focus and energise is the moto from 16th – 22nd.

This week we will be committed to focusing energy, activity and engagement on nutrition and hydration as an important part of quality and safety in health and social care setting. Our amazing hospitality team and activities team have a whole host of delicious food to try and fall in love with.

ST PATRICKS DAY CELEBRATION

Explore all Ireland has to offer.

On the 17th we'll be virtually transformed to Ireland with a fantastic armchair travel experience, limerick fun, a St Paddy's Pub tipsy trolley and more! The highlight of the day will be the scrumptious dining experience provided by our Hospitality team and of course having Heather and Jason join us from 2:30pm for an enjoyable Irish sing along and folk music.

PONY VISIT

Meet the wonderful Darwin on the 27th from 2:30pm.

Come meet our adorable therapy pony in communal areas and rooms all afternoon. Brenda his owner will be sharing all about his role as a therapy pony and plenty of cuddles provided.

OUTINGS...

If you're interested in joining us on any outing, please contact the Activities Team.

- 2nd – Elvis Cinema Trip
- 4th – Local Nursery Visit
- 6th – Tesco's Shopping Trip
- 9th – Lambing Season at Local Farm
- 10th – Monthly Pub Trip
- 18th – Church Coffee Morning
- 22nd – Methodist Church Sunday Service
- 26th – Local Garden Centre
- 27th – Norfolk Knitters and Stitchers

Please note outings are subject to change.

If you'd like to become a volunteer and join us on outings please get in contact with Kat, Head of Activities at Hickathrift House.



Join us for our events throughout March.

Veteran's Coffee Morning

Tuesday 3rd – 10.30am

We're privileged to welcome Toby and members of the Wisbech Royal British Legion for a relaxing coffee morning.

International Women's Day

Sunday 8th – All Day

Celebrate incredible women in the world in the morning and famous singers at our party with musical entertainers, KJ & the Catt at 2:30pm.

Mother's Day

Sunday 15th – From 2pm

A charming afternoon of spa treatments from foot spas to face masks to celebrate the wonderful ladies.

Nutrition and Hydration Week

Monday 16th – Sunday 22nd

Join us for a delicious week celebrating healthy and scrumptious food and drinks.

St Patricks Day

Tuesday 17th – All Day

Mark St Patricks Day with a traditional Irish dining experience, a St Paddy's Pub trolley, armchair travel videos, and a special sing along from Heather and Jason.

Red Nose Day

Friday 20th – 2:30pm

Indulge in our red themed tea party, raising money and awareness for this important cause with our local knit and natter club.

Barchester Goes Gaming – Music Quiz

Wednesday 25th – 2.30pm

Put your music knowledge to the test with a lively and interactive quiz and compete with hundreds of homes across the country!

EVERYONE IS WELCOME – CONTACT US FOR MORE DETAILS

Hickathrift Care Home, 217 Smeeth Road, Wisbech, Cambs, PE14 8JB
01945 430 636 • www.barchester.com/HickathriftHouse





COMMUNITY NEWS AND EVENTS AT ... Hickathrift House

KNIT & NATTER CLUB

Grab your knitting needles for fun and friendship at Hickathrift House.

Residents, locals and staff have been busy knitting baby hats, chickens and easter eggs for our upcoming knit and natter projects. Our next club is on the 20th of March and will be wearing red for red nose day and indulging in a tea party to raise awareness and funds for this wonderful cause.



BARCHESTER
Celebrating life

Veteran's Coffee Morning

Tuesday 3rd March
10.30am - 12.00pm

We're privileged to welcome Toby North and members of the Wisbech Royal British Legion for this special community event. We hope you can join us.

Enjoy refreshments and a chat with other people who have experienced military life in a relaxed and friendly environment.

Our Veterans Coffee Morning will be held in our Home Dining Area

If you're considering care, contact your local Barchester care homes:
Hickathrift House Care Home, 207 Smeeth Road, Larkston Road St James, Cambridgehire, PE14 8B
01945 430616
Addtl, Add2, town, postcode

BARCHESTER
Celebrating life
www.barchester.com

VETERAN'S COFFEE MORNING

Welcoming all Veteran's to our Coffee Morning.

Join us for a wonderful morning with the Royal British Legion for our Veteran's Coffee Morning on the 3rd of March from 10:30am. It will be a superb opportunity to discuss all the Royal British Legion does for it's veteran's and the local community. We will be collecting money for this worthy cause on the day.

SPEAKER'S CORNER

Come meet the incredible locals and their passions.

This month we have the fabulous Vicki coming to discuss keeping healthy and fit via exercise on the last Tuesday of the Month from 10:30am. A delicious assortment of fresh fruit and cake will be provided also.

GENTLEMEN'S CLUB

Calling all men to join us for a tipple and games.

The club invites male residents and locals to discuss anything from their favourite hobbies and interests to the local news and sports scores. As well as sharing experiences over an afternoon drink together. This month join us on the 29th of March from 2pm.



LET'S TALK

facebook

Don't forget to follow us at
[@BarchesterHickathriftHouse](#)

Our best story this month
had 44 reactions.

Worzals Coffee Outing

Residents enjoyed a lovely trip out on our minibus last week to Worzals Café, and what a delightful afternoon it was! Everyone had great fun browsing the menu and choosing their favourite treats and hot drinks. We then sat down together to enjoy some delicious cakes, with the rainbow cake definitely stealing the show!

Our Facebook page is updated often of life at Hickathrift. We appreciate all your comments, likes and shares. Thank you!



EASTER RAFFLE

Have your chance to win our Easter Raffle Hamper!

We have an amazing Easter Raffle up for grabs in our reception area from the 7th of March till the 7th of April. All money raised will go towards our outings and Post a Wishes for the residents. Raffle tickets are £1 each and can be purchased from reception and via our activities staff.

BABY PHOTOGRAPHS

Our lovely Kelly is having a baby!

We are hosting a range of activities with the residents to celebrate from guess the gender to which baby is this. But we need your help! If you have any baby or child photos of your loved one, please email HickathriftHouse.activities@Barchester.com

Thank You

From all the team at Hickathrift House we'd like to say a big thank you to you all for your support and understanding. Thank you for getting involved.

We'd really appreciate a review from you and your family about your opinions of Hickathrift House at [Google](#) or Carehome.co.uk



CELEBRATIONS!

We'd like to welcome our newest residents who have joined us this month. We hope you have a delightful stay. Happy Birthday to Chirstine, Jean, Pauline, Valerie, Wendy and Daisy! Everyone loved celebrating their special days with loved ones. Congratulations to Carly, housekeeper, for being Employee of the Month for January! She was nominated because of her whole home approach attitude. Please don't hesitate to contact our Activities Team who'll help arrange special moments for your loved ones.

Hickathrift House Care Home

217 Smeeth Road, PE14 8JB

Tel: 01943 430636 • www.barchester.com

[@BarchesterHickathriftHouse](#)



BARCHESTER

Celebrating life