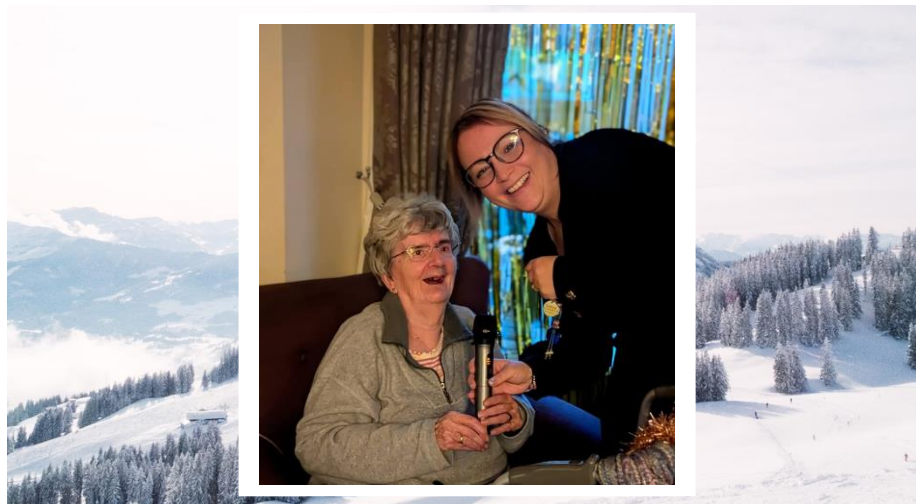


Warm Winter Well-Wishes



Hello and welcome to the winter edition of LBG's newsletter!

Firstly, I would like to say a heartfelt thank you to our friends & loved ones for your continued support over the past year, and for leaving us some truly wonderful reviews; these kind words really do mean the world to the team and myself.

We are incredibly grateful for the feedback received as part of our 'Tell Barchester' survey, this fabulous feedback has been shared with the team and we are working hard to continually improve the service we provide for our wonderful residents. Our Dementia Champion, Kim, is working hard to enhance our Memory Lane environment with themed sensory areas to promote meaningful engagement and connection.

In addition to these improvements, we are excited to bring a touch of magic to our residents with the arrival of our 'Lifesize Happi Table'. This impressive technology is already promoting health and wellbeing in the home, in particular on our Memory Lane Community. This amazing piece of kit is helping to spark discussion, encourage fond reminiscence, and support connection, all whilst stimulating movement. Just take a look at the photo on the next page which really does sum up the joy brought to residents!

We cannot wait to welcome friends old and new into the home for another year of fun, laughter, and meaningful moments!

Best Wishes,
Kathryn

Dates for your Diary

February

Friday 6th, 11am, 'Sole Mates' Community Walking Group

Monday 9th, Heart to Heart Wellness Day
11am Zumba, 2pm Age UK Healthy Hearts Talk

Friday 13th, 1.30pm, 'Spirit-Lifters' Community Choir

Saturday 14th, 2pm, Valentines Soiree, Afternoon Tea with Live Music from The Cherry Tones

Wednesday 18th, 11am Knit & Natter Coffee Morning

Monday 23rd 2pm, Memory Lane Sensory Disco

Wednesday 25th, Reminiscence Café, 11am

March

Friday 6th, 11am, 'Sole Mates' Community Walking Group

Friday 6th, International Women's Day, 12.30pm Celebratory Luncheon

Wednesday 18th, 11am, Knit & Natter Coffee Morning

Friday 20th March, Comic Relief Rock 'N' Roll Afternoon with Chris Gilly

Saturday 28th, 11am, Friends & Relatives Meeting

Wednesday 25th, 11am, Reminiscence Café

Monday 30th, 2pm, Memory Lane Sensory Disco

MAGIC MOMENTS



We have recently bought a bit of magic to residents by installing the 'Lifesize Happi Table' as a way to improve residents' quality of life.

This Happi Table uses interactive games to connect people in the mid-to-late stages of dementia with each other, their family members and friends, all the while stimulating movement. Using interactive light projections, the Happi Table, which can be played independently or as a group, invites participants to pop bubbles, sweep leaves or interact playfully with fish!

Lights, Camera, Action!

We were delighted to welcome the team from BBC Look North who came along to capture the wonderful work of Jack and Pals Therapy Dogs and the incredible impact they have on residents. If you missed it, the piece can be seen on our Facebook page, and if you would like a copy of the video please email us at leemingbar.activities@barchester.com



What we've been up to...



Sole Mates

Our 'Sole Mates' Community Walking Group continue to enjoy refreshing strolls into the village; the perfect way to blow away the cobwebs, stretch the legs, and have a good chat along the way

These gentle walks are all about fresh air, friendly faces, and moving at a pace that suits everyone.

Sole Mates meet on the first Friday of every month at 11am, and everyone is welcome to join us.

Why not come along next time and walk with us?

Love & Hugs

This January we were thrilled to welcome a very special visit from Little Bear Nursery to celebrate National Hug Day! The home was filled with smiles, laughter and love as residents enjoyed singing, playing, and sharing lots of cuddles with the little ones!

Not only did our visitors give the best real hugs, they also crafted beautiful keepsake hugs for our residents to treasure and keep close



LET'S TALK *facebook*

Don't forget to follow us at
@barchesterleemingbargrange

Our best story this quarter had 148
likes

Do you Believe?!

Wishes came true this November
as the incredibly kind folk from
Wensleydale Railway & PNP
Events invited residents to take a
journey on the most magical train
journey of their lives; The Polar
Express!



NEWS FROM IN AND AROUND Leeming Bar Grange

LONG SERVICE AWARD!

LBG proudly celebrates our wonderful Housekeeper, Darron Flint!
Darron has received a prestigious 10 Year Service Award to mark
working at Leeming Bar Grange for a whole ten years!

Darron commenced employment in January 2016 working as
Housekeeper, and has even supported the maintenance team.
Throughout his 10 years Darron has proved himself to be incredibly
hard-working, dedicated, passionate, and caring.

All at LBG would like to extend their congratulations and heartfelt
thanks to Darron for his loyalty and dedication. We are so very lucky
to have you as part of the LBG family!

Here's to celebrating you, Darron!



Thank You

From all the team at Leeming Bar Grange we'd like to
say a big thank you to you all for all your support and
understanding over the last few months. We'd love you to
leave us a review if you haven't already at

<https://www.carehome.co.uk/review-submit/53780> or
<https://share.google/mFtHVIPnIcF7eKXAR>

Celebrating Success!

So far over our Autumn and Winter Months we applauded Housekeeper
and Carer Sue, Carer Theresa, Kitchen Assistant Simon, and Carer Kemi
for going above and beyond in all aspects of their roles.

The team were awarded Employee of the Month; receiving a certificate,
£25 voucher, and gifts, to celebrate the accomplishment! A big thank you
to everyone here at the home!



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BARCHESTER

Celebrating life