



You're invited to take part in our
**Planting 'Seeds
of Affection'**
**16th February
from 2pm**



February is the month of 'love' and we're sharing ours by inviting the local community to join us in sowing the first seasonal seeds.

We will provide the seeds, pots and soil as love grows best when shared. You can take your pot home to nurture, or leave in our residents care until it's time to re pot and plant in the garden.

WHAT WE PLANT TOGETHER, WE HARVEST TOGETHER

Cepen Lodge Care Home

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