

General Manager Focus



Spring is in the Air!

It is so wonderful to see our grounds coming back to life! The snowdrops are already here, and we are looking forward to tidying and replanting our sensory garden. As the weather improves, we are starting to plan our big summer events, including our annual Summer Fete and Duck Race and the Summer BBQ- they are always so popular!

This month we are holding a Financial Drop-In Clinic as part of our community events. In partnership with local financial expert Lydia Finch, we will be available to answer any queries around Power of Attorney, Care Fee Planning and Wills and Probate, all free of charge; so, I hope to welcome you on 25th February anytime between 11am and 3pm.

We will also be hosting day trips for our residents as the weather improves- we have had requests the beach and the zoo to start!

With some wonderful activities coming up in the next few weeks, I hope to see you soon, and as always, Jo and I are here if you need us, so please don't hesitate to contact us.

Becky

Rebecca Aldred

Senior General Manager



Dates for your Diary

ART AND FASHION WITH THE V&A

12th March: 2:30pm

An interesting and informative presentation live with the Victoria and Albert Museum

DEMENTIA SUPPORT EVENING GROUP

19th March: 6:30pm

Our monthly dementia support group meets in the Quiet Lounge

1940's DAY

20th March: 2.00pm

Vintage singer Nikki Downes performs to mark the birthday of Dame Vera Lynn

DON'T DINE ALONE

23rd March- 12.30pm

Book a three-course meal made by our very talented home chef, in our beautiful dining room

TALK OVER TEA:

ENGLISH WINE

25th March- 11am

Local winemakers Silkstone Vineyard is visiting to talk about English Wine and to give a taste of their own vintage

JEREMY PERFORMS



We didn't need to wait for a special occasion to book local singer Jeremy! He performed a selection of classic hits including 'The Story of My Life', 'You Are My Sunshine' and 'Magic Moments' to a full room- there was standing space only!

Residents joined in with the singing, and clapped along as the band performed their finale song 'Happiness', and the smiles reflected the song perfectly. Dorothy requested Jim Reeves, and was treated to not one but two of his most popular tunes; and Dr McGregor was very happy singing along to one of his favourites- 'True Love'.

Becky said, "Our residents and guests had a wonderful day singing along with Jeremy, who we were so happy to welcome back to the home."

QUIZ TIME!

Quiz afternoon and happy hour is always so full, we have to draft extra seats for our players! Matt decided to team up with Megan against his parents this month: and they were a force to be reckoned with! The highlight was the animal baby names round from the WWF website: when it came to the question what is a baby ant called Barbara had us all in stitches with 'Millicent'. What a perfect name!

As Matt says "Saturday afternoon Quiz time not to be missed!"



What we've been up to...



VALENTINES DAY

It was a wonderful Valentine's Day here at The Cedars, starting with creative and intellectual activities, including a beautiful poem written by Pauline, Anne, Barbara, Dorothy and Peter; culminating in an afternoon of love songs and chocolate fountain treats beautifully prepared by our chef Julie Gelsthorpe.

We would like to thank our mystery valentine who sent a card to all the staff at the home: it really put a smile on all of our faces!

CHINESE NEW YEAR

Residents, family, visitors and staff all welcomed in the Year of The Horse, with a day of celebrations and activities.

Inspired by Chinese history, culture and cuisine, fortune cookies were exchanged and a Chinese banquet was served for lunch with the home decorated with dancing dragons, good luck charms and hanging lanterns.

Barbara Coleman said, "I loved decorating the fans and writing my name in the Chinese alphabet."



LET'S TALK *facebook*

Don't forget to follow us at
@barchestercedarsbourne

Our best story this month
had **38 likes** and **1421 views**:



NEWS FROM IN AND AROUND **The Cedars**

OUT AND ABOUT

Our residents love to get out and about in the community; and this month has seen walks through the park, shopping in Bourne, minibus trips for clothes shopping, to our local American Diner and to Waterside Garden Centre. Residents have requested some day trips now that we have our own minibus and we are in the process of organising these. If you would like to accompany your loved one on any of our trips, please speak to a member of the activity team.



Thank You

From all the team at The Cedars Care Home we'd like to say a big thank you to you all for all your support and understanding over the last few months. We'd love you to leave us a review if you haven't already at carehome.co.uk or on Google Reviews

Congratulations!

We are very proud of our wonderful colleague Sam, who has been promoted to Senior Carer. Sam has worked very hard to achieve this and we hope that you will join us in congratulating him. The Cedars is dedicated to providing the best care from the best people, and Sam is definitely one of the best!



The Cedars Care Home

Church Walk, Off South Street, Bourne PE10 9UQ

Tel: 01778 421555 • www.barchester.com

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BARCHESTER

Celebrating life