



CALDY
MANOR

BARCHESTER HEALTHCARE

Eat well, stay hydrated and feel your best!

Wednesday 18 March

3.00pm - 4.00pm

We invite you to join us at Caldy Manor for our Nutrition and Hydration Workshop, where you will gain cooking tips and tricks from our trained chefs to support long term health and happiness!

Please contact 0151 625 2311 to RSVP



Caldy Manor Care Home

Caldy Wood, Caldy, Wirral, Merseyside, CH48 2HY

Tel: 0151 625 2311 • www.barchester.com

Residential Care • Dementia Care • Respite Breaks