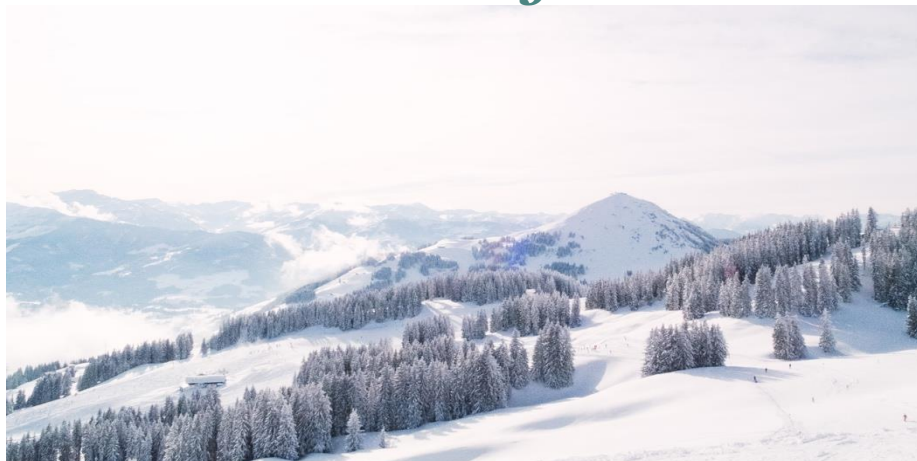


# Bedewell Grange

## NEWSLETTER



### *General Manager Focus*



## Good with Outstanding in care and changes afoot!

Hello all,

The Winter General Manager Focus is a little different this quarter, as most of you will now know, our General Manager Rebecca Travis has received a well-deserved promotion and has now become a Regional Director for Barchester Healthcare. Rebecca has done amazing work at Bedewell Grange over the last four years and although we are sad to see her go, we are all super proud of her achievement. We are even happier that she will continue to support the home as our RD so she will continue to be a regular face at Bedewell. In the interim I have stepped into her shoes while the post is filled.

We were all over the moon with our recent CQC inspection and so proud to have achieved a GOOD overall rating with OUTSTANDING in care. This has been testimony to the hard work and dedication of all the staff at Bedewell Grange and the participation to life at Bedewell from all of our wonderful residents, families and friends. Bedewell is a true family and it was lovely to celebrate the success of the inspection with a party for the residents and staff.

We have an exciting few months ahead and will be keeping everyone updated with the fabulous activities and events that are up and coming. Life at Bedewell continues to be full steam ahead and we are looking forward to starting 2026 with a full diary of events. Keep checking the Facebook page and checking the activity posters around the home so you don't miss a thing!

We wish you all a Happy New Year and look forward to another wonderful year ahead.

*Denise Buckley*

## Dates for your Diary

### February 2026

04/02/2026 Pony Therapy

09/02/2026 Valentines Party – Elvis will be in the building

13/02/2026 - Financial Planning event

17/02/2026 Museum trip for Chinese New Year

17/02/2026 Little Movers

### March 2026

07/02/2026 Pirates Day

09/03/2026 Gardening club commences

15/03/2026 Mothers' Day pamper session and afternoon tea

30/03/2026 'When I'm cleaning windows' Musical

TBC: In March we will be having a Buffet lunch at The Mill Tavern for residents and families – We will update the



## Residents touch the future!

At Barchester, we are always looking for ways to improve our residents' quality of life for those living with dementia to increase physical and social interactions and, most of all, have fun. The magic table is a series of interactive light projected games, which research has shown is consistently able to have a positive effect on those living with dementia through the early, mid and later stages of the condition through sensory stimulation, relaxation, reminiscence.

Our residents have loved the introduction of the magic table and have been enjoying, music and interactive games and activities both individually and in groups.

## SPOTLIGHT ON... Healthy Heart Month

We will be promoting Healthy heart month at Bedewell in February with weekly exercise classes. Come along and join us on a Tuesday afternoon at 2.00 pm to learn some Tia Chi moves with the lovely Aaron from Equal Arts.

We have started our healthy hearts display in our craft class learning about foods that are good for the heart and foods and drinks to avoid. Our healthy hearts stand will be displayed in our reception.

## *What we've been up to ...*



## We enjoyed a great Christmas ...

The festive period was enjoyed by all with a varied mix of events and activities. We enjoyed 'A Christmas Carol' Pantomime production, presents from The Bedewell Elves, visits from Santa, and Mike Memphis was in the building to name a few. Christmas dinner was a great success. Everyone one ate, drank and enjoyed all of the festivities.



## LET'S TALK *facebook*

Don't forget to follow us:

@[www.facebook.com/BarchesterBedewellGrange](https://www.facebook.com/BarchesterBedewellGrange)

Our best story this month  
had 119 likes

We are so very lucky at Bedewell to have the most amazing activities co-ordinator in Donna. NAPP week gave us the perfect opportunity to show her a little bit of love and appreciation for all of her hard work.

Donna always goes above and beyond to make life at Bedewell extra special for all of our lovely residents and their families. She is forever coming up with great ideas, events and activities to keep everyone engaged, working tirelessly to keep everything ticking along.

A huge thank you Donna from all at Team Bedewell. And of course, a special mention must go to Honey who is the best activity support dog in the world!

## NEWS FROM IN AND AROUND Bedewell Grange

### Senior News:

The Senior Care team welcomed Greeshma and Nira, who joined the Bedewell team last year and have been a great addition to the home. Having nearly completed her Level 3, Elaine Portlock has now stepped up to Bank senior and is looking forward to developing in her new role. Coming from a pharmacy background she is a whizz with medication and we are sure she will be an asset to the senior team. She is relishing the opportunity and is looking forward to learning all aspects of the role. Well, done Elaine.

### Care News:

We have welcomed new staff on to the care team in Amy, Hanna, Madeline, Izzy and Kayleigh. Amy has already managed to be nominated for Carer of the month winning Decembers' award and received her certificate from our resident Ambassador Mary.

### Housekeeping News:

We have pleased to announce two new General Assistants joining the team this month.

## Thank You

From all the team at **Bedewell Grange** we'd like to say a big thank you to you all for all your support and understanding over the last few months. We'd love you to leave us a review if you haven't already.

[Barchester Bedewell Grange Care Home, Campbell Park Road, Hebburn, Tyne & Wear NE31 2SL | 63 Reviews](#)

## Celebrations in our home: Surprise Baby Shower!!

We will be saying au-revoir to **Head Housekeeper Donna**, who will be heading off on maternity leave very soon. We surprised her with a special baby shower and she was overwhelmed with her gifts! Good luck with the birth Donna, we can't wait to meet your bundle of joy very soon!! Thankfully Donna will be returning as Head Housekeeper after her maternity leave.

Bedewell Grange

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*Celebrating life*