

# The Cedars Care Home

## NEWSLETTER



### General Manager Focus



## LOVE IS IN THE AIR

With Valentines Day fast approaching, it's a good time to say thank you again to all of you for your love and support over the past year. It was another busy, but productive year and saw some big changes in the home, including some work to improve the grounds, including a fence by the river and replaced decking. We can't wait to start using the space as the weather improves!

We are looking ahead to the new year with an aim to increase our community events to include information afternoons that will support our local community. On 26<sup>th</sup> January we will be hosting a 'New Year, New Ear' drop in clinic with Bourne Ear Care, followed on 25<sup>th</sup> February with a financial planning event with our friends from our local wills and probate service. Please share these with anyone who may be interested in these free events.

With some wonderful activities coming up in the next few weeks, I hope to see you soon, and as always, Jo and I are here if you need us, so please don't hesitate to contact us.

*Becky*

Rebecca Aldred  
Senior General Manager



## Dates for your Diary

### JEREMY SINGS

**4<sup>th</sup> February: 2pm**

Talented singer Jeremy Hillyard joins us for an afternoon of your favourite songs

### MICHELLE'S PETTING PARTY

**12<sup>th</sup> February: 2:30pm**

Michelle and her wonderful animals will be joining us for their first visit of 2026

### VALENTINES DAY

**14<sup>th</sup> February: 2.30pm**

Treat yourself to a delicious afternoon of chocolate treat from the chocolate fountain

### AN AFTERNOON AT THE OPERA

**23<sup>rd</sup> February- 2pm**

Join us in our beautiful dining room for a live performance from vocalist Gabriella, as she performs musical moments from opera, classical music and showtunes

### TALK OVER TEA

**23<sup>rd</sup> February- 11am**

Keith Talbot joins us for part 3 of his talks on Vintage Shop Window Displays

# NEW YEARS DAY

We celebrated the New Year in style here at The Cedars to welcome in 2026!

The celebrations started with a swing as we were entertained by the incredible music of acoustic duo 'Side by Side'. Dave played the guitar with wonderful skill; whilst Meghan Brysons vocals were breathtaking. From Dolly Parton, through Joanie Mitchell to Elvis and Adele, we were treated to a musical journey that culminated in a rendition of Auld Lang Syne. Matt said they were 'brilliant' and our own Megan called out 'please come again' when they finished. We all agree!



## SPOTLIGHT ON...

It's been a full year since we launched our weekly 'Happy Hour'; and it has become one of our most popular and well attended activities. Paired with either a good game of Bingo or a Quiz afternoon that tests our memories, Saturday afternoon in the Garden Lounge is the place to be!



*What we've been up to...*



## OUT AND ABOUT

This month we were honoured to fulfil a special resident wish: to visit Hoppers Jewellers in Bourne as he went to school with the managers father and uncle. We received such a wonderfully warm welcome. Whilst the two had a catch up, Ann looked at the amazing variety of gifts on display, and we had fun doing some window shopping. Thank you so much to Fiona and her team, this afternoon was very special indeed.

## NICK SINGS AWAY THE WINTER BLUES!

Vocalist Nick Glover delivered an amazing 50s, 60s and 70s classic set today, enjoyed by all our residents, staff and visitors. The atmosphere was fantastic in the room, really lifting our spirits from the gloomy day outside. It put a smile on all our faces! Volunteer Jessica said, "That's made my day, I shall always remember Elizabeth's face lighting up and dancing with her."



# LET'S TALK facebook

Don't forgot to follow us at  
@barchestercedarsbourne

Our best story this month  
had 47 likes and 3358  
views:



## NEWS FROM IN AND AROUND The Cedars

### "All Aboard!"



We are thrilled that we now have our very own minibus! We will continue to do the weekly minibus trips; and are planning some day trips for our residents as well: the top destinations requested are to Twycross Zoo and to the beach. If you would like to join your loved one on any of our trips please speak to the activity team- the more the merrier!

### Thank You

From all the team at The Cedars Care Home we'd like to say a big thank you to you all for all your support and understanding over the last few months. We'd love you to leave us a review if you haven't already at [carehome.co.uk](http://carehome.co.uk) or on Google Reviews

### EMPLOYEE OF THE MONTH

Congratulations to Hemanta Mainali, our Head Chef, who has been voted employee of the month for his exceptional work in our home. The employee of the month is voted for by colleagues, residents and relatives. If you would like to vote, please ask for a nomination form from reception.

Well deserved, Hemanta!



The Cedars Care Home

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