



Join us for our events throughout February

'Sole Mates' Community Walking Group

Friday 6th, 11am, Meet at Reception

Join us for a gentle stroll around Leeming Bar as we enjoy fresh air, beautiful countryside, and each other's company

Heart to Heart Wellness Day

Monday 9th

11am, Zumba, Downstairs Main Lounge

We will be getting our hearts pumping with a seated Zumba session, led by instructor David!

2pm, Healthy Hearts with Age UK, Downstairs Smaller Lounge

Join Age UK for a fun and informative information event about ensuring heart health in older adulthood

Spirit-Lifters Community Choir

Friday 13th, 1.30pm, Upstairs Main Lounge

Liz will be joining us for another spirit-lifting community choir! All abilities are welcome to join.

Valentine's Soirée

Saturday 14th, 2pm, Downstairs Main Lounge

Celebrate love in all its forms with a delicious themed afternoon tea with live musical entertainment from The Cherry Tones

Knit & Natter Coffee Morning




Wednesday 18th, 11am, Downstairs Main Lounge

Whether you're a seasoned knitter or just fancy a friendly natter over a cuppa, everyone is very welcome!

Reminiscence Café

Wednesday 25th, 11am, Upstairs Main Dining Room

Join us for a morning of fond reminiscence, with brews a-plenty and delicious sweet treats!



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