



Life Enrichment  
at BARCHESTER

## Monthly Activities at Station Court Care Home

Join us for our events throughout January

### New Year's Day

**Thursday 1st January - 3pm**

Join us as we raise a glass and welcome 2026 at our New Year social enjoy bingo, music and glasses of bubbly.

### Community Café

**Wednesday 7th January - 11am**

Come along and enjoy great company, meet with friends or make new ones over refreshments and take a trip through memory lane joining our rewind quiz

### Jukebox Show

**Wednesday 14th January - 11.30am**

Shake off those January blues as we rock n' roll to favourite hits from the 50's & 60's performed live by Michaela from Musical Memories

### Open Day

**Saturday 24th January**

Meet our friendly and dedicated team, find out more about the care services we offer and take a tour of our home

### Blue Light Lunch

**Monday 26th January - 11am - 2pm**

We're inviting all emergency personnel to join us for a free grab & go lunch as a special thankyou for your commitment in keeping our community safe and healthy

### Health and Wellbeing Day

**Friday 30th January - 11am - 4pm**

Join fitness instructor Paul for fun strength building and chair cardio workouts, discuss the importance in physical activity as we age and enjoy a range of healthy refreshments

Our events are free of charge, but please book your place  
by calling 01670 817222

Station Court Care Home, 138 Station Road, Ashington, Northumberland, NE63  
8HE

01670 817222 • [www.barchester.com/stationcourt](http://www.barchester.com/stationcourt)

