



*Life Enrichment*  
at BARCHESTER

# Monthly Activities at Mulberry Court January 2026

Join us for our events throughout January

## **Cheese & Wine Event**

**Wednesday 31<sup>st</sup> December**

End of year "Cheese and Wine" afternoon at 2-4pm in the café bar area.

## **New Year Quiz**

**Thursday 1<sup>st</sup> January**

Join us as we hold our review of the previous year quiz!

1.45pm in the Sherwood Ground Floor lounge.

## **New Year, Keep Fit!**

**Tuesday 13<sup>th</sup> & 27<sup>th</sup> January**

The return of our keep fit with Kate sessions

1.45pm in the Sherwood Ground Floor Lounge.

## **Musical Moments**

**Thursday 15<sup>th</sup> January**

Musical Moments with Maggie returns as she entertains us all once more.

Sherwood Ground Floor lounge.

## **Mobile Museum Visit**

**Thursday 29<sup>th</sup> January**

Police mobile museum visiting a fun and interactive experience showcasing the history of the police throughout the years! At 1.45pm Sherwood Ground floor Sherwood Lounge.

**Next month we can look forward to –**

**The return of our minibus trips to various locations!**

# Mulberry Court Care Home

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