

Monthly Activities at Leeming Bar Grange



Join us for our events throughout January

'Sole Mates' Community Walking Group

Friday 2nd, 11am-12pm, Meet at Reception

Join us for a gentle stroll into Leeming village, followed by refreshments back at the home

Rock 'n' Roll Zumba

Thursday 8th,11am, Downstairs Main Lounge

Honour the King of Rock 'n' Roll on what would have been Elvis' 91st birthday with an upbeat Zumba session with instructor, David

Knit & Natter Coffee Morning

Wednesday 21st, 11am, Downstairs Smaller Lounge

Whether you're a seasoned knitter or just fancy a friendly natter over a cuppa, everyone is very welcome!

Singing for the Soul

Friday 23rd, 1.30pm, Upstairs Main Lounge

Liz will be joining us for another spirit-lifting community choir! All abilities are welcome to join.

Memory Lane Disco

Monday 26th, 2pm, Upstairs Main Lounge

Join us for a dance down memory lane at our monthly sensory disco, with a piano sing-along with Craig Hendry

'Side-by-Side' Reminiscence Café

Wednesday 28th, 11am, Upstairs Main Dining Room

Come together to enjoy an afternoon of fond reminiscence, with brews a-plenty and delicious

treats!

Live Virtual Event; Barchester's Big Quiz of the Year! Wednesday 28th, 2.30pm, Downstairs Main Lounge

Calling all quizzers! We're back with a special episode of Barchester Goes Gaming, join us for an exciting quiz to test your general knowledge of 2025 and see who is the biggest brainbox of them all!

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