

New Year Wellbeing Event

Wednesday 28th January 2026

We have invited local community teams to offer you health and wellbeing advice and support for 2026. Guests advisors include:

- Healthy eating – Sample healthy snacks and drinks from Elgar Court
- NHS Health Bus - Free health checks and covid vaccinations
- Freedom Leisure - Fit for life
- Specsavers - Register here for a home visit
- Social Prescribing team (Malvern Citizens Advice)
- Age UK Wyvern Dementia Wellbeing Advisor
- Community Action – Community Wellbeing Services

We all look forward to meeting you!
Event: 10.30am - 12.30pm

Elgar Court Care Home

35 St. Andrew's Road, Malvern, WR14 3PT

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