

Eating Well with Dementia

Dementia Friends will be joining us to help us learn how to support the nutritional needs of someone living with dementia.

We'll offer practical support and guidance on nutrition and hydration, maintaining a healthy weight and reducing the risk of choking.

Thursday 29th January 11am



Ashfields Care Home

31 Salhouse Road, Rackheath, Norwich, Norfolk, NR13 6PD

Tel: 01603 721720 • www.barchester.com

Residential Care • Dementia Care • Respite Breaks