

# Dementia Cafe

## Ashfields Care Home



The Last Tuesday  
of every month

**From 10am-12pm**

We know the importance of supporting our local community and hold monthly groups, specifically for those living with dementia or caring for a loved one.

Come along and meet with friends over light refreshments, and enjoy the variety of activities and entertainment our home has on offer.



### **Ashfields Care Home**

31 Salhouse Road, Rackheath, Norwich, Norfolk, NR13 6PD

**Tel: 01603 721720 • [www.barchester.com](http://www.barchester.com)**

**Residential Care • Dementia Care • Respite Breaks**

