

THE CEDARS

NEWSLETTER



General Manager Focus



Wishing You a Happy and Prosperous New Year

Looking back over 2025; the home has been a hub of activity and fun for both our residents and staff; and our wider community. This year saw the successful launch of two new community groups in our home: our evening Dementia Support Group and Cedar Sprouts.

The evening dementia support group was founded after we found requests for a group outside of working hours. We were very lucky to be able to partner with Dementia Support South Lincs on this project and are very pleased that it has had such a big impact on our local community. In addition, the Cedar Sprouts has grown very fast and we already have regular families that we welcome to the home every fortnight.

With these new groups we are very proud to say that we are now part of Hay Lincolnshire, who aim to bring together everything that helps to support members of the community by highlighting all that's good for mental health and wellbeing. It is an honour to be counted as part of this important group.

I hope to see you soon, and as always Jo and I are here if you need us, so please don't hesitate to contact us.

Rebecca Aldred

Senior General Manager



Dates for your Diary

JANUARY 2026

TALK OVER TEA: TRAVEL

Wednesday 14th - 11am

Travel consultant Lisa Arbon joins us for a chat about our travels as part of coffee morning

NICK GLOVER PERFORMS

Thursday 16th - 2pm

Vocalist and performer Nick performs live

COMFORT HORSE THERAPIES

Wednesday 21st - 2pm

Our pet therapy this month is provided by Darwin, our miniature horse

OPEN DAY

Saturday 24th - 2pm

With Live music from talented harpist John Dalton

BARCHESTER'S BIG QUIZ OF THE YEAR

Thursday 29th - 2:30

Streamed on the big screen in the Garden lounge





Bourne Abbey School Spread Some Christmas Cheer

Thank you so much to the amazing staff and children of Bourne Abbey C of E Primary Academy for visiting us and bringing some extra Christmas Cheer. The children were marvellous at helping to make beautiful Christingles to keep, and we made some new friends too. Joy said 'it's been lovely' whilst Romy commented that she 'loved every minute'. We are really looking forward to seeing them again in the New Year.

A Medieval Christmas

This month saw the return of our friend Chris, from the historical re-enactment group Briga and Friends. Chris shared a fascinating talk on the way Christmas was celebrated in the 15th century; before treating us all to some homemade figgy pudding. Anne is a big fan of Chris' talks, and was thrilled to have a photograph taken with her. She said 'I always look forward to her talks; she knows so much and is very entertaining. Yes, it's fascinating!'



What we've been up to...



Go Carolling Day

We enjoyed a very special afternoon of music for Go Carolling Day with a live music. Local group, Bourne Treble Makers, performed a selection of Christmas songs and traditional carols, which was followed by a special performance by 10-year-old Carter Moulty; who performed a range of songs on the piano; that he has just started learning. He was joined by his cousin Isobel Atkinson who sang some songs for the residents to complete the afternoon. Carter is the grandson of resident Alan, who watched with such pride as he performed!

The Cedars Christmas Party

Alan Jackson was dressed in his finest, singing us our favourite Christmas Classics for the annual party this year. The Rowan Dining room was decorated for a feast of salmon fillet or roast lamb with roasted vegetables, with crackers, individual favours and warmed mulled wine. We played a round of Christmas "Guess Who" with much frivolity and finished with a rendition of a favourite carol from last night - Away in A Manger.

It is so much fun to see everybody, residents, staff, family and visitors coming together, dressed in their Christmas best!



LET'S TALK *facebook*

Don't forget to follow us at
@barchestercedarsbourne

Our best story this month
had 55 likes and 6259
views:



NEWS FROM IN AND AROUND **The Cedars**

Out and about for Christmas

We shared a lovely afternoon at Baytree Garden Centre looking around the beautiful light and festive displays. Maureen asked one of the team members how long it took to put up such a showcase...six weeks in all. It was worth the effort as we all left feeling happy and in

the Christmas spirit.

We finished the day driving home admiring all the decorations that lit up the streets whilst listening and singing along to some great Christmas classics!



Thank You

From all the team at The Cedars Care Home we'd like to say a big thank you to you all for all your support over the last few months. We'd love you to leave us a review if you haven't already at carehome.co.uk or on Google Reviews

EMPLOYEE OF THE MONTH

Congratulations to Athenna Manzon, our administrative assistant, who has been voted employee of the month for her exceptional work in our home.

The employee of the month is voted for by colleagues, residents and relatives. If you would like to vote, please ask for a nomination form from reception.

Well deserved, Athenna!



The Cedars Care Home

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f @Barchestercedarsbourne



BARCHESTER

Celebrating life