

General Manager Focus



Welcome to our Winter Newsletter, as we are approaching into the heart of winter and autumn comes to a close, we wanted to extend our warmest wishes for the Yuletide Season. Your support is what makes our care home special and we're grateful to have shared this past year with you.

I would like to take a moment to highlight how imperative it is – now more than ever – that we take care of both our resident wellbeing and our workload. We couldn't have done it without you. We're proud of what we've accomplished together and look forward to what's ahead in the new year.

The darker, colder month creates unique challenges and our home focused on creating a warm, cosy and cheerful environment for all our residents and their families.

We have a wonderful schedule of events planned to celebrate the festive season, and we're excited about many activities planned to make the holidays special. All standard weekly activities will continue as usual, but please save the dates for these highlights: Rainbows and Brownies Visit, St Aerelds School Choir, Christmas Panto Performing, Christmas Fayre and much more.

As we reflect on the past year, we want to express our immense gratitude to our dedicated staff and wonderful families who have made a true community. We've shared many laughs and created cherished memories and we look forward to more in the new year.

With warmest wishes to you and your families this holiday season.

Annaliza Kemp
General Manager

Dates for your Diary

November

19/11/25 - Menopause
Talk

26/11/25 – Global
Amphibians session

December

1/12/25 – Rainbows &
Brownies

5/12/25 – St Aelreds
school choir

11/12/25 – Christmas
Panto performing Puss in
Boots

13/12/25 – Christmas
Fayre

15/12/25 – Festive
Afternoon Tea

17/12/25 – Christmas
Service with Father Bill.

18/12/25 – Live
saxophonists Christmas
special performance

22/12/25 – Santa's Grotto

23/12/25 – Christmas
Party



DIGITAL RAINBOW TABLE

The specially-adapted, fully-accessible display features immersive technology, which enables users to move shapes, colours and objects through gesture and movement.

The touch pad has a number of features designed to help those suffering with dementia to relax; the cart also helps de-escalate stressful and upsetting situations experienced by those suffering with different forms of the disease.

Meet Ted – Pet therapy

Ted is a therapy dog for Therapy Dogs Nationwide who visits our residents on a fortnightly basis.

His presence always brings a sense of calm and lots of smiles to our home. There is nothing quite like the comfort of a wagging tail and a gentle nuzzle.



What we've been up to...



VIP GUEST JOINS OUR CHIT & CHATTER GROUP

We were delighted to welcome the Lord Mayor of York, Martin Rowley to our monthly chitter chatter club for a memorable afternoon filled with warmth and laughter. The visit was marked by an abundance of delicious cakes and refreshments, and lively conversation, smiles were shared, stories exchanged, and spirits were lifted as everyone came together to celebrate community and connection.



REMEMBRANCE SUNDAY

Residents and team members joined together in our communal lounges to watch live coverage of the Remembrance service, raising a glass of sherry to honour our heroes.

In the afternoon, we had a special remembrance afternoon tea, and we had the wonderful Nikki back to entertain us, singing a melody of favourite wartime classics, with everyone singing and dancing along as they waved their flags.



LET'S TALK *facebook*

Don't forget to follow us at
@Meadowbeck Care Home
– Barchester Healthcare

**Our best story this month
had 32 likes**

Pumpkin Carving

Residents, staff and family members got in to the spooky Halloween spirit of things by creating autumnal displays and carving pumpkins together, showing their creative skills. Residents enjoyed getting involved in themed quizzes and games, as well as a themed bingo and watching Halloween films.

We all had a spooktacular time.

NEWS FROM IN AND AROUND Meadowbeck

FESTIVE SEASON IS UPON US!

We are delighted to welcome the most joyful season of all, and to share the highlights of our upcoming events and celebrations that we will be hosting in the home.

Everyone is welcome to join us at our annual Christmas fayre and browse our many gift stalls, including raffle and tombola. We will have classic Christmas songs and carols with live saxophonists to entertain us.

Our festive treats table will be bursting with Christmas delights including buttery mince pies dusted with snowy icing sugar, while sipping a glass of warm mulled wine that fills the room with a comforting aroma.

Make notes of dates for your diary for all our special festive events and celebrations, please contact the home for any more details you may require.

Thank You

From all the team at Meadowbeck Care Home we'd like to say a big thank you to you all for all your support and understanding over the last few months. We'd love you to leave us a review if you haven't already at
www.carehome.co.uk/review-submit/15140

Celebration Of Culture

What a vibrant and heart-warming evening we had celebrating United Nations together.

Our amazing team came dressed in their traditional attire, bringing a wonderful mix of cultures, colours, and flavours to the home. From everyone's homemade dishes that were brought in representing countries across the world to music, laughter, and shared stories – it was a true celebration of diversity, unity, and togetherness.



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BARCHESTER

Celebrating life