



ASHFIELDS
BARCHESTER HEALTHCARE

Countdown to Christmas December

1

Classic carols
performed on the
flute by Rachel
McDonald from
2:30pm

8

'Holidays of our
past' session with
Reminiscence
East
from 2:00pm

4

'Christmas
around the world'
dance class with
Lorraine
from 2:30pm

6

Ashfields
Christmas party!
from 12:30am
with live music
from 2:00pm

11

Festive fitness
Armchair Zumba
session from
11:15am

16

ACS Signing choir
performance
from 11:00am

17

'Songs of the
season' musical
performance by
Andrew
from 2:00pm

25

Fizz & Festivities!
Celebrate
Christmas with a
glass of mulled
wine and some
carol singing.

Residential Care • Dementia Care • Respite Breaks