

General Manager Focus



Welcome to our Autumn Newsletter. I would like to take the opportunity to welcome our new residents and their family and friends to the home and we look forward to some happy times ahead.

I would like to thank the people that attended the recent relatives meeting as this was a productive and informative meeting and the team at South Grange are working to take forward suggestions and feedback and implement these into practice at South Grange.

We have also now concluded our Tell Barchester survey and I would like to thank all that took the time to complete this. This feedback is valuable to us at South Grange as it allows us to use this feedback to ensure we continue to improve our service.

I would also like to take this opportunity to remind families, friends and residents that my door is always open should they wish to chat about any concerns, worries and positive feedback on the service is also always welcome.

Catherine Lappin
General Manager

Dates for your Diary

We have a variety of enjoyable Events over the coming months which all are welcome to join.

October 2025

28th October

Join us for a cup of tea and a chat for our community café – all welcome

31st October

Join us in the round room for our Halloween concert with Gus Zee and don't forget your costume

November 2025

4th November

Join us in the round room for our Bonfire Night concert with Mike Lees

30th November

Join us for St Andrews Day celebrations with a traditional Scottish meal prepared by our chef.

December 2025

10th December

Join us in the round room for a performance from the Basin Belles dancers.

22nd December

Join us in the round room for a Christmas concert with Jon.

Please see our Christmas monthly planner for all Christmas activities.



NEWS FROM IN AND AROUND South Grange



Lots to Celebrate

There has been a lot to celebrate at South Grange over the past few months. We have now gone live on our new electronic care planning system - Enable and we all look forward to a new more effective way of working.

The team at South Grange have also been announced as the divisional winners of team of the year at the Barchester Care Awards. Sam our Head of Maintenance has been announced as the divisional winner for maintenance champion and Catherine Lappin has been announced as the divisional winner for GM of the year. We would like to invite residents and their families to join us on the 23rd October in the round room as we live stream the awards and to cheer on the team as we go to the finals.



Mad Hatters Tea Party

Residents here at South Grange enjoyed a delightful Mad Hatter's themed afternoon tea party in honour of National Mad Hatters Day on October 6th, bringing a touch of whimsy and fun to their day. The lounge was transformed into a colourful wonderland scene. Tables were decorated with quirky props, oversized fancy teapots, playing cards and some fun masks to pose with – creating a magical atmosphere. Residents wore their own designed top hats that we spent the morning creating and decorating, everyone was laughing away as they tucked into an array of delicious treats, including freshly made sandwiches, a big selection of cakes, juicy fruit platters and a tempting selection of sweets.



Macmillan Coffee Morning

South Grange hosted our annual Macmillan coffee morning fundraiser, where family and friends joined us for a cuppy and a catch up. Altogether we raised a total of £74 and have donated this to Macmillan to support people living with cancer. A big thank you to all who donated.



What we've been up to...



Residents have been enjoying weekly outings with Cycling without Age Scotland Monifieth every Friday afternoon, weather dependant.

Residents, staff and families have been loving the fresh air, sunshine and scenery thanks to the volunteers.

As the colder weather is approaching the Trishaws will be coming to an end, we look forward to their return in spring of 2026!



Fitness Mornings

Residents and staff have been enjoying keeping fit with a range of different weekly exercise classes, we have our gentle chair exercises, our relaxing yoga mornings and our lively dancercise sessions where we have a good laugh whilst dancing away to some of the classic party songs such as the YMCA and the Macarena.



LET'S TALK *Facebook*

Don't forgot to follow us at
[South Grange Facebook](#)

Our most liked post this month was:

Nursery Visits

The residents and children had a fun morning doing some arts and crafts making their own drinks coasters. Everyone had a great time choosing different colours of pens to draw their designs, deciding what stickers they wanted and had fun gluing on colourful felt stars and pompoms. What a creative morning we all had, everyone was happy with their creations and had a lovely time chatting away together.

NEWS FROM IN AND AROUND South Grange

Therapet Visits

Residents have been looking forward to their visits from our therapet Korky, everyone loves to give him big cuddles and the occasional cheeky biscuit, residents also enjoy a chat with Sandy, Korky's owner.



We also welcomed back Eden's Garden who brought a range of furry friends and friendly reptiles for us to meet. Residents loved seeing and holding the animals, the favourites this time were definitely the guinea pigs and geckos. We can't wait for their next visit!



Thank You

From all the team at South Grange we'd like to say a big thank you to you all for all your support and understanding over the last few months. We'd love you to leave us a review if you haven't already at [carehome.co.uk](https://www.carehome.co.uk)

CELEBRATING SUCCESS

Employee of the month

Congratulations to senior nurse Jan, who was nominated for Employee of the month for going above and beyond in her role.

Jan was nominated by family members who felt she really deserved extra recognition for the amazing work she does every day at South Grange.



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 [South Grange Facebook](#)


BARCHESTER
Celebrating life