

# Life Enrichment Monthly Activities at Mulberry Court **Mulberry Court**

# Join us for our events throughout November

#### Wednesday 5th November - Veterans Coffee Morning

Join us for our monthly veteran's coffee morning in café area from 11.00 am. Come alon and make new friends and share stories, all welcome.

#### Wednesday 5th November - Live Virtual Event

hat's how the old rhyme starts. But what are we remembering – and why – on 5th November? Why are we still remembering it 420 years later? And why with bonfires and effigies (not always of Guy Fawkes)? In this talk Pippa Catterall will explore the background to and events of that long-ago November night, why it was deemed so important to remember it then and how our memory of the Gunpowder Plot has shifted over the intervening years.

#### Monday 3rd & Tuesday 11th November - Musical Performance

Join us for live entertainment with popular vocalist, Nikki as we welcome her back to perform a medley of hits in our Sherwood Lodge, ground floor.

## Thursday 13th November - Musical Moments

Let's keep fit together as we have fun, music and exercise with Maggie from Musical Moments from 1.45 - 3.00 pm in our Sherwood Lounge.

## Friday 14th November - Veterans' Lunch

eterans Lunch with special guest, WW2 veteran Ken Cooke e and local army cadets from St. Peters.

Thursdays throughout November - Mini bus trips to various locations

Mulberry Court Care Home

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