

Monthly Activities at Mount Vale

Join us for our events throughout September

Go Green Litter Pick

Wednesday 3rd September 2pm

Join us as we litter pick within our area as part of Go Green month

Now That's What I Call Music

Wednesday 10th September 2.30pm

Join us in the Café as we take part in the 'Barchester Goes Gaming' event.

Dementia Café

Friday 12th September 10am

Join us in the café for Lingo, crafts and so much more!

Veteran's Coffee Morning

Tuesday 16th September 10am

Join us in the Café as we spend time with the veterans of Northallerton

Tractor Visit

Wednesday 17th September 10am

Join us as an old fashioned tractor visits, we have the children come over as well

Cycling Without Age

Wednesday 24th September 10am

Join us and the team from Cycling Without Age for a ride out on a trike.

World's Biggest Coffee Morning

Friday 26th September 10am

Join us for our annual Big Coffee Morning with cake stall.

Our events are free of charge, but please book your place by calling 01609 775444

Mount Vale Care Home, Yafforth Road, Northallerton, DL7 8UE 01609 77544• www.barchester.com/MountVale