

Falls Prevention Workshop

WEDNESDAY 15TH OCTOBER • 2PM-4.30PM



In collaboration with local charity Community Resource,
we're inviting members of the local
community who care for a friend or loved one at home to join us at
Mount House & Severn View for our Falls Prevention Workshop.

Development Officer from Community Resource, Sophie Eades,
will be discussing the importance of the falls prevention process
and how best to avoid incidents.

There will also be a short guided session in gentle exercise.

Tea, coffee and refreshments will be available throughout the event.

RSVP by calling Mount House & Severn View on 01743 232228

Mount House & Severn View

41-43 The Mount, Shrewsbury, SY3 8PP

Tel: 01743 232228 • www.barchester.com

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