

The Cedars

NEWSLETTER



General Manager Focus



Autumn Leaves

The trees in the garden are changing as we move into Autumn. It's a busy time of year for our residents- we have several annual celebrations coming up, including the fancy-dress Halloween party, our low level, low noise fireworks display and Remembrance Day; I hope to see you there!

Thank you to everyone who has completed the 'Tell Barchester' Survey so far. Please do let us know if you need any help accessing the survey, I welcome your feedback. We are always striving to improve our service; with your feedback this allows us to action ideas and make changes at The Cedars to support our residents.

This month I will be travelling to the Barchester Care Awards with our divisional winner, nurse of the year Tonderai; and I know you will all wish her luck as we attend the dinner and presentation where we will learn if she is the national winner. This event will be streamed live to the home on 23rd October so that all of us can share in the party!

I hope to see you soon, and as always Jo and I are here if you need us, so please don't hesitate to contact us.

Rebecca Aldred

Senior General Manager



Dates for your Diary

OCTOBER 2025

OKTOBERFEST

Wednesday 1st

Join us as we celebrate Oktoberfest with themed activities and a German menu designed by resident Hilde

ANIMAL THERAPY

Wednesday 15th October- 2pm

Darwin the Therapy Horse returns to visit residents throughout the home

BARCHESTER CARE AWARDS

Thursday 23rd

Streamed live on the big screen in the Garden Lounge

ITALIAN DAY

Wednesday 29th

Celebrate the food and culture of Italy; including a delicious Italian menu

HALLOWEEN

Friday 31st 2pm

Alan 'Spooky' Jackson performs live in the Rowan Dining Room for Halloween. Including fancy dress and sweet (tricks?) or treats

A CENTURY OF FASHION

We were exploring the history of fashion this month as part of our celebrations around Worth 200; when residents and their families were treated to a fashion show with vintage and replica clothing and accessories from the last century.

We explored beautiful and varied designs from the frivolous 1920's flapper dress; through the elegant, formal ballgowns of the 1940's and 1990's, and the beauty of the 1950's day dress. The main event was a replica Elizabethan wedding gown, worn by activity team member Lisa on her wedding day.

Clothes have always been a big part of revealing our personality, and our residents had so much fun trying out various hats, costume jewellery, clothes, shoes and handbags from across the ages and around the world. We were thrilled to discover that one of our ladies modelled for Jaeger; and she had some wonderful stories to share. Barbara Coleman said, "Its lovely to dress up and have your photograph taken, you feel so special!"

Residents have also tried their hand at designing their own clothes both on paper and on miniature 22cm mannequins- the designs were beautiful and really expressed the individuality of each of our residents.



What we've been up to...



A VERY SPECIAL EVENT

It was a privilege and an honour to escort Maureen to her son's wedding this month. Maureen could not have been prouder to see him and his partner Andy tie the knot at Stamford Registry Office. Maureen was thrilled to meet up with family including the newest member, her five-month-old great granddaughter Evangeline. Congratulations to the happy couple from all of us here at The Cedars!

OUT AND ABOUT

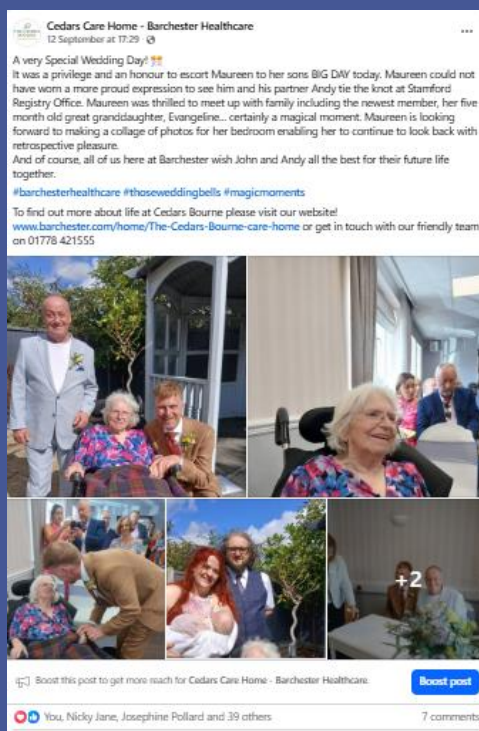
Swines Meadow Farm Nursery was a step back in time! Filled with curios from antique iron Victorian cow byres and stalls to vintage telephones and weighted sack lifts; we travelled through continents with plants from Asia, America, New Zealand and Africa; it was a treasure to visit! Don and Vera had a lovely time exploring the overgrown jungle like paths in the wild garden, admiring the incredible age of the olive tree (168 years!) and sampling the delicious cakes made with home grown fruit. "We've had a lovely time".



LET'S TALK *facebook*

Don't forget to follow us at
[@barchestercedarsbourne](#)

Our best story this month
had 42 likes and 1154 views:



GIVING BACK TO THE COMMUNITY

What an incredibly successful "GIVING BACK DAY" we had this month. The sun shone and we welcomed our community in to our beautiful gardens here at The Cedars.

It all started with our motivating and enthusiastic care team leader Sarah-Jayne Knight. Sarah-Jayne has cared for her community for over 42 years and when asked where this inspirational idea came from; she openly said, "Care is all I have known, it's what I do. When my mum bought me a Ladybird book on Florence Nightingale, I told her that's who I want to be... it was just a childhood dream. My health is now not in a good place and before I retire, I wanted to reach out to the community in these hard times and give something back."

It was wonderful to welcome Bourne Mayor, Councillor Colin Pattison and his wife consort Fiona, who gave their time freely, speaking and getting to know our residents. Your support for this community venture was immeasurable.

Councillor Pattison said, "When you speak of unsung heroes, Sarah-Jayne is the epitome of this - giving back with love and care, a dedicated lady who has led her life selflessly caring for others."

Also, a thank you to the whole team here at The Cedars for your help and support enabling our residents to all take part and be involved - with a BIG special mention to Paula Finch, our brilliant Relatives Ambassador, who is always ready to lend a hand.

Thank You

From all the team at The Cedars Care Home we'd like to say a big thank you to you all for all your support and understanding over the last few months. We'd love you to leave us a review if you haven't already at [carehome.co.uk](#) or on Google Reviews

EMPLOYEE OF THE MONTH

Congratulations to Dawn Manzon, one of our carers, who has been voted employee of the month for her exceptional work in our home. Dawn always goes the extra mile to make sure that our residents receive the best possible care. The employee of the month is voted for by colleagues, residents and relatives. If you would like to vote, please ask for a nomination form from reception.

Well deserved, Dawn!



The Cedars Care Home

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BARCHESTER
Celebrating life