



# Don't Dine Alone

Every Wednesday • 2.30-4.00pm

Enjoy some company and a nutritious meal

**We know company at meal times can boost wellbeing.**

That's why we are inviting local older people to take advantage of our great hospitality and join us for a nutritious lunch. If you are supported at home by a carer and they would like to join you, they also eat for free. Please call 01962 571 850 to book.

**Shawford Springs Care Home**

Otterbourne Road, Compton, Winchester, SO21 2RT

**Tel: 01962 571850 • [www.barchester.com](http://www.barchester.com)**

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