## Hickathrift House

NEWSLETTER





### **AUGUST – THE SUNDAY OF SUMMER**

### General Manager Focus

Summer has finally arrived at Hickathrift! Inside our newsletter you'll find the latest and greatest plans for August. As well as catching up on what we've been busy with in July.

I always like to start by welcoming all the new residents and staff to Hickathrift House Care Home. It's delightful to meet you all and we're looking forward to getting to know you. I truly hope you all enjoy being here and are excited to join in the celebrations.

What an exciting month we've had at Hickathrift House. It's been a fabulous, themed month with our Willy Wonka Extravaganza, Owl Adventures and a 4<sup>th</sup> of July Party. It's been incredible getting out and about to so many amazing places and enjoying the sunshine in our gardens for multiple activities and independent use.

We have even more planned for August! To start I'd like to invite you to attend the amazing outings with your loved ones. Please speak to our Activities Team for more details about how to get involved. Our other amazing plans include a day in India, and Wizard of Oz Day, and of course our annual community BBQ! We ask that you provide suitable summer wear such as hats, during this warm weather. We hope you'll be able to join us for our celebrations, events, and activities. I also look forward to catching up with you all at the Relatives' Meeting at 2:30pm on the 21st of August.



Thank you for your ongoing support,
Paula Melerski,
General Manager

# Dates for your Diary

We hope you'll join us for...

#### **AUGUST**

7<sup>th</sup> Visosport Exercise Group

8<sup>th</sup> Coffee Morning

9<sup>th</sup> Book Lovers' Day

10<sup>th</sup> National Lazy Day

10<sup>th</sup> PJ Party with Songbird and the Crow

11<sup>th</sup> Dementia Friendly Film Club

14<sup>th</sup> Wizard of Oz Day

15<sup>th</sup> A Day in India

15th Knit and Natter Club

19<sup>th</sup> Photography Day

21st Relatives' Meeting

23<sup>rd</sup> Community BBQ

25<sup>th</sup> Village Yard Sale

26<sup>th</sup> Community Café

27<sup>th</sup> Bingo Bonanza Virtual Event

28th Residents' Meeting

31st Gentlemen's Club



# WHAT WE'VE BEEN UP TO AT Hickathrift House

### **WILLY WONKA TEA PARTY**

Golden tickets galore at Wonka's extravaganza!

A world of pure imagination came to Hickathrift House today! Residents enjoyed a themed Willy Wonka Chocolate Factory Afternoon Buffet! The dining experience was full of sweets, treats and of course chocolate! To get us in the mood, we enjoyed sweet reminiscing with Oomph Wellness, had a chocolate tasting, baked a delicious chocolate cake in our cooking club and learnt all about the history of chocolate.





### NATIONAL ICE CREAM DAY

We scream for ice cream!

Our amazing volunteers Lisa and Ollie helped make our own popup ice cream van and made each resident their own delicious cold treat, complete with an assortment of sauces and sprinkles. You could hear us enter the room to the sound of an ice cream van, which made us all giggle and smile.

### WILD ABOUT WILDLIFE MONTH

Celebrating the incredible wildlife around our home.

We've just loved getting out in the gardens, exploring the wildlife sensory trolley, taking part in a wildlife picture quiz, and making lavender bags in our craft club. Everyone has had an incredible time together in the sunshine.





### **POST A WISH SPOTLIGHT!**

This month our team has had the privilege to grant Avice's and Doris' Post A Wishes. Avice's wish was to revisit the beautiful Welney Wetlands, a favourite place of hers and her husbands. Doris' wish was to make her celebration cake to gift to her loved ones to have again.

If your loved one has an aspiration or a wish, please get in contact with our Activities Team.



## Monthly Activities at Hickathrift House

### Join us for our events throughout August.

### **National Lazy Day**

Sunday 10th - 2.45pm

Join staff in a PJ Day and enjoy a pyjama party with Songbird and the Crow.

### Celebrating the Wizard of Oz

Thursday 14th - All Day

Follow the yellow brick road to a day of celebrating this iconic film with quizzes, a sing along, crafts and learning all about the beautiful Judy Garland.

### **Indian Independence Day**

Friday 15th - 10.30am - 2pm

Discover all about this amazing country including a virtual tour, painting and a delicious lunch from our talented hospitality team.

### **National Photography Day**

Tuesday 19<sup>th</sup> – From 11.30am

Celebrate with scrapbook reminiscing, learning about the history of photographs and have a go yourself at taking snaps.

### **Annual Community BBQ**

Saturday 23<sup>rd</sup> – 12.30pm – 3pm

Join us in the garden for a delicious BBQ with the spectacular KJ & the Catt.

### **Community Yard Sale**

Monday 25<sup>th</sup> – 8am

Meet the locals at our fantastic tombola and yard sale, everyone welcome to help.

### **Keep Hickathrift Safe Video**

Saturday 30<sup>th</sup> – All Day

Get techie and help make our first 'Keep Hickathrift Safe' video with staff.

**EVERYONE IS WELCOME - CONTACT US FOR MORE DETAILS.** 

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# WHAT WE HAVE PLANNED AT Hickathrift House

### **BOOK LOVERS' DAY**

Life is too short, so live extra lives. Read books!

Discover a new adventure with our themed activities around books from discussions and quizzes to making a book display in craft club. We all have a story to share, and we look forward to this amazing fun day on Saturday the 9<sup>th</sup> from 10:30am.

### **NATIONAL LAZY DAY**

Celebrate with a relaxing day and PJ Party.

Engage in this amazing day with rise and shine exercises and a day where you can stay in your PJs, if you wish. We'll be having a PJ party with Songbird and the Crow from 2:45pm on the 10<sup>th</sup> of August.

### A DAY IN INDIA

Join us for a morning of celebration on the 15<sup>th</sup>.

Bollywood is calling! Let's take a virtual tour across India and see the sights while learning more about the culture with Oomph Wellness activity books. During lunch we'll be enjoying a scrumptious Indian offering and dining experience. We are also designing our own Hamsa Hands in painting club. To finish our day in India we'll be watching Jungle Book or Indiana Jones Temple of Doom, viewers' choice.

### **UK BEACH AFTERNOON**

From St Ives to Skegness let's explore!

Join us on the 29<sup>th</sup> from 2pm for a sensational afternoon of reminiscing about past summer holidays on various UK beaches. The amazing virtual tour and sensory items will transport us to these beautiful places.

### **SUMMER OUTINGS**

Exploring all the community has to offer.

Engaging in the community is ever so important to the residents and we absolutely adore organising a range of outings. Come join your loved ones on trips and make memories together.

## UPCOMING OUTINGS

5<sup>th</sup> – Sea Life Centre

7<sup>th</sup> – Local Book Club

8<sup>th</sup> – Cat Cafe

17<sup>th</sup> – Ramsy 1940s Day

20<sup>th</sup> – Church Coffee Morning

21st – Sandringham Picnic Lunch

29th – Norfolk Knitters Club

31<sup>st</sup> – Methodist Church Sunday Service

If you'd like to volunteer for one of our trips or join your loved one, please don't hesitate to get in contact with our Activities

Team for more information.





PAST COMMUNITY EVENTS & NEWS AT

## Hickathrift House

### **CARE HOME SCORE**

We are thrilled to announce our 9.9 score.

Carehome.co.uk is an independent review platform for care homes across the country. We thank all our wonderful family and friends for helping us maintain this impressive score for a whole year! A huge congratulations to all of our staff members at Hickathrift for their excellent support and hard work. We really do appreciate all the hard work you have put in over the last year and this score shows your dedication.

THIS IS TO CERTIFY THAT

#### Barchester Hickathrift House

HAS A CAREHOME.CO.UK REVIEW SCORE OF





### **OUT IN THE COMMUNITY**

Being part of the community!

General Manager Paula Melerski and Deputy Manager Sarah Sage had a fabulous time at the local farmers' market at Marshland Hall and Tearoom. It was just so wonderful to see so many people and talk about our lovely home. They saw relatives of current and past residents, past staff, potentially future staff, volunteers and their family members and of course the locals.

# BARCHESTER CARE AWARDS

Congratulations to Kat, for becoming our Divisional Winner!

Kat has been crowned Activities Coordinator of the Year for the North East Division in the Barchester Care Awards 2025 and is through to the national round of judging. For the next stage she needs testimonials from staff, residents and their loved ones which will help crown her the National Winner! If you'd like to help, please email your comments to

HickathriftHouse.Activities@Barchester.com.





**COMMUNITY NEWS IN AND AROUND** 

## Hickathrift House

### **AUGUST SWAP OR SALE**

Pop by any day in August to browse our selection.

We're inviting the community to explore our bookcases and swap your books, puzzles, CDs and DVDs with ours. Our bookcase will be in reception and stock a range of books, puzzles, CDs and DVDs for a quick stop by between 10am - 4pm every day.





### **DON'T DINE ALONE**

**Everyone is welcome for lunch on Wednesdays!** 

At Hickathrift House, we know mealtimes can be a lonely time for some people at home. Therefore, we are inviting local older people to take advantage of our great hospitality and join us for a nutritious and warming meal, freshly prepared by our talented chefs and served in our cosy dining room with residents. Afterwards, we'd love for you to stay for bingo if you'd like to!

### VILLAGE YARD SALE

Find a gem or two at the annual village yard sale.

On the 25th of August starting at 8am we'll be sitting outdoors selling crafts, knitted blankets and bric a brac donated by residents, their loved ones, and staff. I'm sure they'll be a hidden gem or two so come visit our stall. All funds raised will be going towards our life enrichment program for large events.





### **GENTLEMEN'S CLUB**

Calling all gents to the last Sunday of the month at 2pm.

Our Gentlemen's club was created to combat loneliness in and outside the care home for men. Male residents in care homes are the minority and gentlemen in the community across the country can feel isolated at times. Therefore, it's such an important group to make people feel supported and help make good friendships.



## Join us for our community events throughout August.

#### **Don't Dine Alone**

### Every Wednesday – 12:30pm

We're inviting senior members of our community to indulge in a delicious threecourse meal with bingo from 2pm.

### **Coffee Morning**

Friday 8<sup>th</sup> - 10:30am

We extend a warm invitation to attend our monthly Coffee Morning - make new friends and enjoy a slice of homemade cake.

### **Dementia Friendly Film Club**

Monday 11th - 2pm

Enjoy our dementia-friendly film club for a relaxing film screening with refreshments.

### **Knit and Natter Club**

Friday 15<sup>th</sup> – 2.30pm

Do you enjoy knitting? Come along and make new friends at our monthly Knit and Natter group over refreshments.

### **Annual Community BBQ**

**Saturday 23rd – 12.30pm** 

Meet the residents, their loved ones, locals and staff at our annual BBQ. Join us for delicious food, spectacular music and a tour of our home.

### **Community Café**

Tuesday 26th - 10:30am

Come share experiences, make friends and meet our team at our café.

### Gentlemen's Club

Sunday 31st - 2pm

Meet likeminded individuals over a pint with table games like dominos.

### All welcome!

Everyone is welcome. Please call to book your FREE space to our events.

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### LET'S TALK

## facebook

Don't forgot to follow us at @BarchesterHickathriftHouse

Our best story this month had 34 likes, comments & shares.

#### **Children's Nursery Visit**

Residents had a spectacular trip to our local nursery, Skylarks Pre-School to say goodbye to the children before summer break. Once again our hearts burst with joy spending the morning with the children and staff! The children loved playing with the residents and it was equally enjoyed by the residents too.

Our Facebook page is updated every day with photos of life at Hickathrift House Care Home and we appreciate all your comments, likes and shares.

Thank you for your support and engagement on our page.

## GOING OUT AND ABOUT AT

## Hickathrift House

### **COMMUNITY BBQ**

Celebrate Summer with us at Hickathrift House.

Join our Summer BBQ and Party at Hickathrift House on the 23rd of August from 1pm. Delicious BBQ food from 1pm including burgers, hot dogs and more from our fabulous Head Chef Nicci! Enjoy residents' favourite KJ & the Catt in the beautiful gardens.

Our annual BBQ theme this year is the Caribbean! So, grab your brightly floral outfits and join in the fun summer festivities with staff and residents. On top of the BBQ and musical entertainers we will also be providing garden games suitable for all ages! Everyone's welcome!!! If you are planning on attending, please let us know so we can ensure enough food for everyone throughout the afternoon.

# Thank You

From all the team at Hickathrift House we'd like to say a big thank you to you all for your support and understanding.

Thank you for getting involved.

We'd really appreciate a review from you and your family about your opinions of Hickathrift House at Google or Carehome.co.uk

### **CELEBRATIONS IN OUR HOME...**

To start we'd like to welcome Liz, Pat, Sid and Jane who have joined us this month. We hope you have a fantastic stay. Happy Birthday to Elsie, Kath and Doris this month! Congratulations to Sarah, our amazing Deputy Manager for being voted Employee of the Month for June! She was voted by residents and staff for her kindness, patience and dedication.

Please don't hesitate to contact our Activities Team who'll help arrange special moments for your loved ones, from anniversaries to birthdays and our Post a Wish initiative.



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