

# The Cedars

## NEWSLETTER



### *General Manager Focus*



## Coming Soon

**We're pleased to announce the Tell Barchester Annual Survey is coming soon!**

This will be the 5th year for our annual customer satisfaction survey which will be live from 8th of September. The survey gives you and our residents the opportunity to tell us how you feel about the experience here in our home and helps us learn and improve as well as celebrate positive feedback with the team.

The survey will be sent to you via email and be open for five weeks giving plenty of opportunity to complete, it's quick and simple and there's space to add further comments on your experience to give us more detailed feedback if you wish.

If we don't have your email address and you would like to take part, please give it in at reception, or you'll be able to complete the survey when you visit if it is easier as posters will be displayed in homes with the details – just ask at reception and the team can help you.

But if in the meantime you have feedback you would like to share you can come and talk to me or Jo at any point, our door is always open.

**Rebecca Aldred**  
**Senior General Manager**



## Dates for your Diary

### SEPTEMBER 2025

#### TALK OVER TEA

**Wednesday 3<sup>rd</sup> - 2pm**

Malcolm Scriven joins us to introduce his neighbours- a family of hedgehogs that reside in his garden

#### JENKUELE

**Saturday 6<sup>th</sup> - 2pm**

Local vocalist and Ukulele performer Jen joins us on Open day for a live musical afternoon

#### MICHELLE'S PETTING PARTY

**Monday 8<sup>th</sup> - 2pm**

Michelle brings her menagerie of pets for this month's Pet Therapy

#### FASHION THROUGH THE AGES

**Thursday 18<sup>th</sup> - 2PM**

Take a walk through the 20th century as we hold a fashion show featuring clothes from 1920-2020 in the Garden Lounge

#### MACMILLAN COFFEE MORNING

**Friday 26<sup>th</sup>**

Treat yourself to a drink and cake and help us raise money for MacMillan Cancer Support. Musical duo Boots 'n' Strings will perform live at 2pm



# THANK YOU AND HAPPY RETIREMENT!

It is with bittersweet feelings that we say Good- Bye and Happy Retirement to our wonderful hairdresser Sue.

Staff and residents gathered together at coffee morning, to surprise Sue with a party to wish her all the best in her retirement.

Sue has been pampering our residents with hairdressing and manicures for twenty-six years! With signed cards, flowers and a cake presented by our Senior General Manager Becky Aldred, Sue was so happy to see all of her clients and friends gathered together to say 'bon voyage'.

Sue: it's amazing what you have achieved, one resident said "Every time I go in that salon, I come out feeling a million dollars", and staff 'wish you well in your retirement, you've made such strong friendships with residents and staff alike during your time here and we know you'll be back regularly to see us all'.

We all just want to wish you the very, very best for the future and hopefully a little slower pace of life. Best wishes to you from all of us.



## *What we've been up to...*



### FUN AND GAMES

We always have a fantastic time trying our skills at a range of different games, which include golf, darts, boules, carpet basketball, connect four, snakes and ladders, chess or cards. This month's round robin was hotly contested- but Anne and Bert made the winning team after their 'small' game of golf and bullseyes at darts put them top of the league!

## TINY STEPS PETTING FARM

**"It's so lovely here...I just wish we could stay all day!"**

Such a lovely quote from Joan after seeing, stroking and feeding all the beautiful animals at Tiny Steps Petting Farm. We cannot thank the staff enough for their interaction and engagement with us; and both ladies found the history of the animals very interesting and were very happy that all the animals now had a home for life. The morning was completed with tea and sausage rolls in the sunshine.

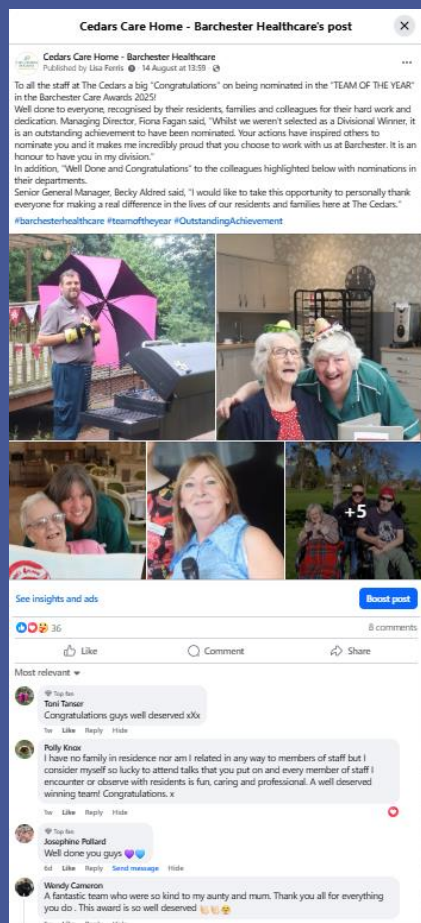




# LET'S TALK *facebook*

Don't forget to follow us at  
@barchestercedarsbourne

Our best story this month  
had 36 likes and 1886 views:



## THE INTERNATIONAL SPICE TRADE

We went back in time this month when residents and their guests were treated to a talk from guest speaker Chris Carr from Briga and Friends; a local historical re-enactment group.

Chris gave the residents a fascinating talk on the international spice trade in an informative and entertaining costumed presentation; and engaged their sense in a game of 'guess the spice'. So many of the different samples were very familiar; but not in a form that a lot of us recognised- including two cones of sugar!

The residents were fascinated to learn about the 'Sumptuary Laws', which dictated what an individual could wear and what foods you could eat dependant on your social status within society- only wealthy members of society could eat nutmeg! We were then challenged to identify a range of spices including cassia, frankincense, ginger and mace; before Chris shared the mythological connection to cinnamon and cassia: they were said to be the nesting material of the phoenix.

We are really looking forward to Briga and Friends next visit; which will be entitled 'A medieval Christmas'.



## Thank You

From all the team at The Cedars Care Home we'd like to say a big thank you to you all for all your support and understanding over the last few months. We'd love you to leave us a review if you haven't already at [carehome.co.uk](http://carehome.co.uk) or on Google Reviews

## EMPLOYEE OF THE MONTH

Congratulations to Naomi Browne, one of our carers, who has been voted employee of the month for her exceptional work in our home. Naomi was described by her colleagues as going above and beyond for the wellbeing and benefit of our residents. The employee of the month is voted for by colleagues, residents and relatives. If you would like to vote, please ask for a nomination form from reception.



The Cedars Care Home

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**BARCHESTER**  
*Celebrating life*