

Meadowbeck

NEWSLETTER



General Manager Focus



Welcome to our Summer Newsletter

We had a very busy period from January to May 2025 due to Phase 2: Meadowbeck WOW Programme which focused on refurbishment of Rowntree Unit, Memory Lane Unit and Staff Room. We would like to thank all residents, relatives, staff, friends and external visitors/Healthcare Professionals for your understanding and support throughout the WOW programme. The main objectives or focus of the refurbishment at Meadowbeck Care Home is to improve the facilities, enhance resident comfort, better service by modernizing equipment, increase safety & accessibility, and promote well-being and social interaction, while boosting the care home's reputation and potentially increasing occupancy. Enjoy the new facilities at Meadowbeck Care Home!

We're excited and delighted to welcome our new team members Harding, Effe, Naina, Anu, Pasang, Kelly, Kinley, Jordan, Katy and Head of Maintenance Krisztian your dedication to providing person-centred care is truly valued. We believe in creating a warm and supportive environment for both our residents and staff at Meadowbeck Care Home. We are here to support you as you settle into your new roles and become part of Meadowbeck family.

We also celebrated long service award to Night Carer Sandra – 20 years long service award and to Housekeeping Assistant Helen for her 10 years long service award. We would like to thank you for your dedication and hard work over the years.

We also would like to thank Mrs Maggie Evans for donating her Yamaha Clavinova Piano to the care home. Our residents, staff and visitors enjoyed playing the piano, this had significant positive impact on cognitive function, mental well-being and even physical health of residents in the care home. One of our gent's grandson, Matt kindly entertained us with beautiful piano melodies that lifted everyone's spirits. The residents truly enjoyed listening and tapping along the music and spending time together.

As usual, during the summer months there is always lots happening and we hope that many of our residents, families and friends will participate in as much as possible and come along and join in the fun including the upcoming summer fair.

Dates for your Diary

JULY

Sunday 20th – National Ice-cream Day

Wednesday 23rd – Knit & Natter Club 2pm

Monday 28th – Bluelight Breakfast

Thursday 24th – Afternoon Tea, 2.30pm

Tuesday 29th – Carers Café from 2pm

Wednesday 30th – International Cheesecake Day

AUGUST

Friday 1st – Yorkshire Day

Tuesday 5th – Musical Moments 2pm

Wednesday 6th – The Chitter Chatter Club from 2pm

Wednesday 20th – Pamper & Prosecco evening 6pm

Saturday 23rd – Summer Fayre

DIGITAL RAINBOW TABLE

We bring a bit of magic to our home to engage our residents and stimulate their senses.

Our Rainbow Table allows residents to explore a variety of sensory interactive games that research shows has a positive effect on those living with dementia.



Sixth Form Enrichment

At Meadowbeck Care Home we have intergenerational sessions on a Wednesday afternoon to allow sixth form students from Archbishop Holgate's school to engage with residents, share stories and join in with fun activities. This benefits students and residents as it is a great way to create friendships and new connections.



What we've been up to...

A Visit to Deans Garden Centre

We had a lovely trip out in our mini bus to Deans garden centre. It was a beautiful day with the sun shining taking in the scenic views along the way with the lambs in the fields. Our residents enjoyed choosing what they wanted for lunch from the menu, accompanied with a pot of tea and speciality coffees. We had a lovely time walking around admiring all the flowers and plants getting ideas for our raised beds and reminiscing on what flowers they had in their gardens in the past.



Ascot Ladies Day

We marked the annual Royal Ascot Ladies Day races in style as we dressed to impress, and put on our favourite hats. Our residents enjoyed the event from the comfort of the home, some of our residents gathered on the terrace sitting in the shade, and had great conversations about the Royal Ascot fashion and celebrated the occasion with a glass or two of Pimms and refreshing fruits. Some of our residents enjoyed listening to the races in the garden or watching on TV, we had a great time debating who was going to win.



LET'S TALK *facebook*

Don't forget to follow us at
@Meadowbeck care Home
– Barchester Healthcare

**Our best story this month
had 31 likes**

**Therapy Dog Ted brings
lots of joy.**

**We had a visit from Ted
our therapy dog, who
brightened the day of our
residents with his gentle
presence and wagging tail.
During his visits, Ted
offers comfort,
companionship, and a
reason to smile for
everyone he meets.
Ted is always a popular
visitor to the home.**

NEWS FROM IN AND AROUND Meadowbeck

Home Refurbishment

We are pleased to announce that a number of our bedrooms have been refurbished to a high standard, designed with our residents' comfort, well-being and happiness in mind.

The bedrooms have a brand new look and homely feel, and can be personalised with favourite belongings to help residents feel at home.

We also have a new spa bathroom in our Memory Lane Community, designed with residents' comfort, well-being and happiness in mind, so that we can now provide luxurious bath time experiences.

The spa bathroom is equipped with advanced light and Bluetooth technology for a sensory stimulation of mind, body and soul.

Whilst enjoying soothing soaks and relaxing experiences, our residents can listen to their favourite songs and personalised music playlists, created with the help of our expert staff.

Thank You

From all the team at Meadowbeck care Home we'd like to say a big thank you to you all for all your support and understanding over the last few months.

CELEBRATING SUCCESS

Congratulations to Janet who has received a prestigious 35 Years' service award for working at Barchester healthcare for 35 Years. Janet began working here at Meadowbeck in June 1990 as a Nurse, only recently retiring and has now joined our Activities team to continue supporting our residents and their families.



Meadowbeck Care Home

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Celebrating life