



Don't Dine Alone

Every Wednesday • 12.30pm - 2.30pm

Enjoy some company and a nutritious meal

We know company at meal times can boost wellbeing

That's why we are inviting local older people to take advantage of our great hospitality and join us for a delicious midweek roast dinner.

Please call our friendly Reception Team to book your place at our table.

Southerndown Care Home

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Nursing Care • Dementia Care • Respite Breaks