



## Join us for our events throughout August

### **Saturday 2<sup>nd</sup> August – Yorkshire Day**

Join us as we celebrate 'Yorkshire Day' with regional snacks and treats and a themed afternoon of a 'Day at the races' from 1.45 pm, \*Garden if weather permitting or ground floor Sherwood Lounge.



### **Wednesday 6<sup>th</sup> August – Veterans Coffee Morning**

We extend a warm invitation to veterans past and present to our monthly coffee morning from 11.00 am in our café bar. All welcome.



### **Tuesday 12<sup>th</sup> & 26<sup>th</sup> August – Armchair Exercises**

Join Kate for her popular group activity, armchair exercises from the comfort of Sherwood Lounge from 1.45 pm as we keep fit together!

### **Tuesday 19<sup>th</sup> August – Musical Moments**

Maggie is back! Join us for an afternoon of music and dance as we welcome back Maggie from Musical Moments from 1.45 pm. Ground floor Sherwood Lounge or Garden \*weather permitting.



### **Wednesday 27<sup>th</sup> August – Live Virtual Event**

Barchester Bingo! Eyes down for a fun interactive bingo session as homes compete against each other – who will win? from 2.30pm in our Sherwood Lounge, ground floor.

### **Thursday 21<sup>st</sup> August – World Senior Citizen's Day**

We shall be celebrating World Senior Citizen's Day by meeting up with our friends in the community and inviting them to join us.

Next month we can look forward to more trips out on the mini-bus and a very special 'Last Night at the Proms' themed event.

Mulberry Court Care Home

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