## Dementia Cafe at Ritson Lodge

Last Thursday of each month

## From 10am-12pm

We know the importance of supporting our local community and hold monthly groups, specifically for those living with dementia or caring for a loved one.

Come along and meet with friends over light refreshments, and enjoy the variety of activities our home has on offer.

## **Ritson Lodge Care Home**

Lowestoft Road, Hopton On Sea, NR31 9AH

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