



Life Enrichment  
at BARCHESTER

## Monthly Activities at Cookridge Court Care Home

Join us for our events throughout August

### Monthly Dementia Café

**Wednesday 6th August - 2-4pm**

Come along to our monthly Dementia café. this month we will be holding a Mocktail Master Class for everyone to come along and get involved.

### The Cookridge Court Dog Show

**Sunday 10th August - 12.30-3pm**

Cookridge Court presents 'The Cookridge Court Dog show'. Come along with your furry friend and enter them into some rounds. Refreshments & prizes up for grabs. We hope to see you there.

### Blue light Breakfast

**Wednesday 13th August - 8.30-10.30am**

If your part of the Emergency services or a Community district nurse, drop into our home on Wednesday 13th August between 8.30-10.30am to grab your free breakfast sandwich or pastry on us, to say a BIG thank you for all you do.

### Retired Nurse's Café

**Wednesday 20th August - 11.00am-12.30pm**

Share stories and experiences from your career with fellow retired Nurses. We love seeing uniforms, photographs and mementoes, feel free to bring them along! Everyone welcome.

### Age UK technology morning

**Thursday 21st August - 10.30am - 12.30pm**

Age UK will be visiting to hold a technology morning, for anyone wanting to learn a new technology skill. Everyone is welcome to come along.

### Veteran's Café

**Wednesday 27th August - 10.30am-12pm**

Come along to our monthly Veterans Café. This month we will be holding a reminisce session for everyone to come and take part in.

**Our events are free of charge, but please book your place  
by calling 0113 267 2377**

Cookridge Court Care Home, Iveson Rise, Cookridge, Lawnswood, LS16 6NB  
0113 267 2377 • [www.barchester.com/cookridgecourt](http://www.barchester.com/cookridgecourt)

