### Spen Court

NEWSLETTER





## Spring into action on these brighter days!

Welcome to the Spen Court Spring Newsletter.

I hope you will join us in welcoming new team members to the Spen Court family.

Firstly, John has joined the team as our new Head Chef, with many years of experience catering for the stars of Coronation Street and Emmerdale, he brings his culinary delights to Spen Court.

Kerrie, previously one of our kitchen assistants has been promoted to second chef – well deserved after stepping up over the past few months.

Joining the kitchen team to work opposite our kitchen assistant Chloe, we welcome Beverley who is experienced in this field.

Recently we have had Katie join the laundry team, Claire and Hannah who have joined our Care team. We also have one or two new staff will be joining the team over the next month or so. Please make them all feel welcome of which I am sure you will! Exciting times ahead.

We have lots of lovely events to look forward to, residents and family members have been spending time on the patio area enjoying this wonderful weather that we have been blessed with, we shall appreciate it while we can.

If you have any questions, please speak to myself or any of the senior team who will gladly assist you!

#### Paula - General Manager



## Dates for your Diary

May

2<sup>nd</sup> Bingo

7<sup>th</sup> Fundraiser Coffee Morning – to raise money for veterans' mental health.

VE Day celebrations with Lindsey, singer & her service dogs Iris & Quaver

16th Memory Lane Choir

28<sup>th</sup> Senior Health & fitness day

29<sup>th</sup> Memory Lane Dementia Café

June

4<sup>th</sup> Karen Clegg – Summer gathering

6<sup>th</sup> Bingo

11<sup>th</sup> Coffee morning

15<sup>th</sup> Father's Day cheese & wine

20th Memory Lane Choir

26<sup>th</sup> Memory Lane Dementia Cafe



## Spen Court

# JOIN US AS WE WELCOME OUR SECOND RESIDENT AMBASSADOR



### Elaine & Jean are our residents ambassadors

In this role the ladies welcome in new residents and help them to settle in. They act as a positive advocate for the home offering advice and encouragement to fellow residents and visitors.

Jean is a social lady who enjoys time in the lounge with fellow residents.

Jean loves to spend time with her family & friends.

Jean enjoys bowling, bingo, quizzes with easy questions only, as she can't be bothered to think.

Jean enjoys time outdoors in the warmer weather. Jean is a lover of chocolate but I'm not supposed to tell anybody!



#### The Beaumont Girls

Sisters Audrey & June both reside at Spen Court.

Audrey, 96, has lived here since November 2019 and enjoys painting, crosswords, listening to music & watching sports on the television.

June, 92, has lived here since January 2025, June enjoys crosswords, watching television, reading newspapers & reading stories on her kindle.

Both sisters enjoy spending time in their own rooms but also enjoy getting together in the lounge for a good old catch up.

#### SPOTLIGHT ON...

Spending time outdoors.

We are looking forward to having the patio area levelled off so we can enjoy the outdoor space in all its glory. It will be lovely to sit out enjoying tea & cake with family & friends.



#### What we've been up to...



#### Café Area

We have an intimate café area in the reception of the home. This area is for visitors and residents and their families or friends to enjoy a beverage and a homemade treat.

#### Walking Group.

#### During the summer months (weather permitting)

We shall be having a steady walk along the Greenway every Wednesday from 10.30am. Feel free to join us.

Walking is beneficial to both physical and mental health. It's a simple form of exercise, it's enjoyable and a great way to meet new people.



# LET'S TALK facebook

Don't forgot to follow us on Facebook

http://facebook.com/BarchesterSpencourt

The Facebook page is a great way to keep up with what your family or friends have been doing to keep busy.

We have varied activities and community events for all to join in with so feel free to join us here at Spen Court.



# NEWS FROM IN AND AROUND Spen Court

#### Goodbye Winter

Hello blossoms upon the branches Hello cold, creamy ice cream Hello daffodils, growing tall in the grass

Drip-drop-drip
We hear and see the rain falling
It's on the rooftops and down the freshly cleaned windows
Yet, the sun shines bright through the once grey cloud to
brighten up our day

We hear the birds share their beautiful song Spring is here Where will we be found Outside looking on or inside looking out? Both would be a delight

Poem written by the residents of Spen Court

## Thank You

From all the team at Spen Court care home we'd like to say a big thank you to you all for all your support and understanding over the last few months. We'd love you to leave us a review if you haven't already at

#### Celebrations in our home

David celebrated his 100<sup>th</sup> birthday. David served in the Royal Navy. He went on a troop ship to Bombay before going on to join the Royal Naval Air station in Ootacumund in India.

Following on from the Navy David went onto be a curtain salesman, which he thoroughly enjoyed. David did this for a lot of years. He has travelled far and wide by both land and sea.

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