

The Cedars

NEWSLETTER



General Manager Focus



Sun- Filled Days in the Garden

It's been beautiful weather this month; and we have loved spending time in our beautiful grounds. The daffodils and apple blossom are in full bloom and are adding amazing colour to the garden.

We were really pleased this month to welcome South Lincs Dementia Support 'Let's Get Gardening' Group, who have adopted a raised bed for their members to work on. The garden is such an important part of our home; and it's lovely to see it giving so much pleasure to so many people.

This month I was very proud to attend the Lincolnshire Care Awards, where team member Helen Hudson had been shortlisted for the Activity Coordinator of the year- in the top nine in the county. I am so proud of my team, and the hard work and dedication that they show every day; and I am glad that this is recognised by the wider care community.

We are looking forward to sharing our CQC results with you all after our recent inspection. In the meantime, and as always, Jo and I are here if you need us, so please don't hesitate to contact us.

Becky

Rebecca Aldred

Senior General Manager



Dates for your Diary

CINCO DE MAYO

Monday 5th May- 2pm

Guildhall trained singer and start of the stage, Gabriella Pineda-Rodriguez performs for Cinco De Mayo in the Rowan Dining Room

TALK OVER TEA: BOURNE ABBEY CHURCH

Wednesday 7th May- 11am

Local historian Jonathan Smith joins us to present the history and features of our neighbour at Bourne Abbey Church

THE CEDARS CHOIR

Wednesday 7th May- 2pm

The resident's choir performs songs to celebrate the 80th anniversary of VE Day

MICHELLE'S PETTING PARTY

21st April- 2pm

Michelle brings her beautiful animals for another visit: including rabbits, cats, dogs, hamsters, bearded dragon and chicken in a basket

**DEMENTIA ACTION
WEEK COFFEE MORNING
Wednesday 21st May-
10am**



MOTHER'S DAY

Mother's Day started with a card and chocolate for all of our mothers, grandmothers, aunts, sisters and all the wonderful women who love and support their families and friends unconditionally. Our residents were thrilled with their gift- Anne said it was an unexpected surprise; and Catherine that she felt thoroughly spoilt!

That afternoon we enjoyed our afternoon cream tea with family and friends; accompanied by the very talented Pianist Graham Tickle, who played songs to tap your feet to! It was a truly fabulous Mother's Day for all of our residents.

THE FLORISTS GARDEN

We had a wonderful tutorial this month from Karen from The Florist Garden. Our residents were shown how to create their own environmentally friendly oasis; with which they made a display for their rooms with fresh spring stems. Everyone said what a fun time they had, working together to make something beautiful. Our wonderful home chef delivered warm homemade cake, straight from the oven to have with our afternoon tea: an absolutely delicious way to finish the afternoon!!



What we've been up to...

ABBA KARAOKE PARTY

We said 'Thank You for the Music' as we celebrated International ABBA Day with a themed Karaoke party and Happy Hour.

We dressed in our 60's and 70's finest; and came together to sing and dance to the most iconic tracks from Swedish Pop group ABBA: whilst enjoying cocktails based on 70's recipes- which went down very easily- 'what great fun!'

GREEN SPACES AND WATERWAYS

It was an honour to be invited to the unveiling of the 'Green Spaces and Waterways' mural by local artist Emily Bowers, commissioned by Our Place, Our Art and SKDC.

Sheila really enjoyed the event, saying how beautiful the mural was and how kind they were: 'we couldn't have had a better welcome'. Sheila commented how well Emily presented herself; enjoyed her tea and cake, and was tapping her feet to the music of local group Pocket Cadence. She had a wonderful afternoon.



LET'S TALK *facebook*

Don't forgot to follow us at
@barchestercedarsbourne

Our best story this month
had 47 likes:



NEWS FROM IN AND AROUND **The Cedars**

NEW VIRTUAL REALITY HEADSET

We have brought a bit of technological magic to residents here with the purchase of a new Virtual Reality headset; as a way to improve residents' life enrichment and to get away from it all: all from the comfort of our living room!

The headset is programmed with many worldwide destinations, including a tour of the pyramids, a boat tour of Venice, close-up animal encounters and underwater scuba-diving adventures. Anne has always wanted to visit the pyramids; and she was thrilled to be able to go today. She said 'it's a marvel- it's like I'm really there!' Marjorie loved swimming with the dolphins and was reaching out to touch them because they looked so real! She said 'I've never seen anything like this!'; and Edna was amazed to be able to go home to Spain for the morning- she was tapping her feet to the music and laughing at the Spanish parade she watched.

Becky said: "We're really excited to bring the whole world to the residents at our home. The headset will make a big difference by helping to connect residents with other cultures, countries and wildlife- and may help us all to tick a few things off the bucket list! It's great fun for the young at heart."

Thank You

From all the team at The Cedars Care Home we'd like to say a big thank you to you all for all your support and understanding over the last few months. We'd love you to leave us a review if you haven't already at carehome.co.uk or on Google Reviews

EMPLOYEE OF THE MONTH

Congratulations to Donna, our head housekeeper, who has been voted employee of the month for her exceptional work in our home. The employee of the month is voted for by colleagues, residents and relatives. If you would like to vote, please ask for a nomination form from reception.

Well deserved, Donna!



The Cedars Care Home

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